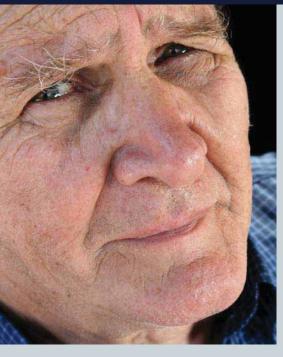


MESOTHELIOMA



You don't have to fight this alone.

If you or a loved one has been diagnosed with, or died from asbestos related **lung cancer** or **mesothelioma**, we may be able to help you get monetary compensation from the asbestos companies.

With over 65 years of collective experience in asbestos litigation, the professionals at Bergman Draper Ladenburg welcome the chance to provide you with the highest quality representation and the individual attention you deserve.

Call for information and a free consultation.

The Northwest's Leading Asbestos Litigation Firm

BERGMAN DRAPER LADENBURG 614 First Avenue 4th Floor Seattle, WA 98104

206.957.9510 888.647.6007 Toll Free www.bergmanlegal.com We accept cases throughout the United States and Canada

Featured

14 CONVENTION HIGHLIGHTS

FRA delegates met in Reno, Nev., to discuss FRA business, elect and install national officers, chart the Association's course for the coming year and enjoy the camaraderie of their fellow shipmates.

epartments

- **COMMUNICATIONS**
- FROM THE BRIDGE
- SHIPMATE FORUM
- ON & OFF CAPITOL HILL Busy Last Weeks of 112th Congress
- FRA'S 2013 LEGISLATIVE AGENDA
- FRA BRANCH LISTING FOR 2013
- **CONVENTION WORKSHOPS**
- FRA NATIONAL OFFICERS
- 35 CONVENTION AWARDS
- **MEMBERSHIP MATTERS** Membership and Retention Awards
- 38 CONVENTION SPONSORS
- 40 TAPS
- **REUNIONS / LOOKING FOR...**
- 44 FRA AUXILIARY NEWS Message from National President Diane Hoover

LOYALTY, PROTECTION AND SERVICE

FRA IS A CONGRESSIONALLY CHARTERED, NON-PROFIT ORGANIZATION ADVOCATING FOR CURRENT AND FORMER ENLISTED MEMBERS OF THE U.S. NAVY, MARINE CORPS AND COAST GUARD ON CAPITOL HILL. FOR MORE INFORMATION ON THE BENEFITS OF MEMBERSHIP, PLEASE VISIT WWW.FRA.ORG OR CALL 800-FRA-1924.







ON THE COVER

FRA National President Mark Kilgore was installed at FRA's 85th National Convention in Reno, Nevada. He is a member of Pensacola (Fla.) Branch 22.



Eileen Murphy

Postal Changes

AS OF JANUARY 28, 2013, the Intelligent Mail Barcode (IMb) will be required by the United States Post Office for all automation letters and flats, including Business Reply Mail letters that qualify for Qualified Business Reply Mail prices and Permit Reply letters. The new barcode format provides greater information to the Post Office and allows closer tracking of the mail. For small branches that don't use bulk rate, this will not change anything. They will just put a first class stamp on the letters since they are paying full price on their postage. They will not need the IMb.

Larger branches that have been getting the automation discount will need to begin to use IMb. To use this, the branch must register with the Post Office and get a Customer Registration Identification number (CRID) and a Mailer Identification number (MID).

NHQ will not have the CRID or MID for each branch and can not provide the IMb on mailing labels for the branch (as it has the MID embedded in it). The branches can not use the MID for NHQ as each mailer has a separate identification and it is restricted by mailer.

https://gateway.usps.com/bcg/login.htm is the first stop to getting a MID and CRID.

The branch must either download the IMb software and create their own labels using their MID, or work with a local letter shop to imbed their MID into their IMb on their mail. The letter shop should be able to design and print the IMb on their letters after the branch provides the list in an Excel format. NHQ will provide the Excel format to replace current labels, or branches can download their own from the Area For Branch and Regional Officers under Advanced Search. (Directions on how to do this are on the site).

If a branch uses business reply mail (BRM) pieces, they can work with a Mailpiece Design Analyst to design the new BRM with your new IMb. They can be reached at mda@usps.gov and the service is free.

CFC Ends on December 15th

Federal employees still have time to make a contribution to the FRA Education Foundation through the Combined Federal Campaign (CFC). Tax-deductible donations can be made using Charity Code #80236 though December 15, 2012.

Eileen Murphy is the Director of Marketing and Communications and serves as the Managing Editor of FRA Today. Please contact her at eileen@fra.org.



NATIONAL OFFICERS/BOARD OF DIRECTORS

National President Mark A. Kilgore, Pensacola Branch 22 National Vice President Virgil P. Courneya, High Sierra Branch 274 National Executive Dir. Joseph L. Barnes, Navy Department Branch 181 Finance Officer Paul Rigby, Honorary Member

Junior PNP Jeffrey A. Gilmartin, Potomac Branch 207 National Parliamentarian PNP Bob Beese, Volusia County Branch 335 National Chaplain Earnest Reed, Tallahassee Branch 34

REGIONAL PRESIDENTS

New England Paul F. Loveless Jr., Pinetree Branch 156 Northeast David Munday III, Lakehurst Branch 124 East Coast Donald A. Hoover, Annapolis Branch 24 Southeast James E. Robbins Jr., First Coast Branch 91 North Central John W. Partin II, Greater St. Louis Branch 267 South Central Robert A. Holcomb, Capital Area Branch 201 Southwest Charles Baker, Fabulous Vegas Branch 90 West Coast Shane S. Dunstan, Salt Lake City Branch 185 Northwest Margret A. Burke, Inland Empire Branch 38

ACTIVE DUTY ADVISORY COUNCIL

Master Chief Petty Officer of the Navy Michael Stevens Sergeant Major of the Marine Corps Micheal Barrett Master Chief Petty Officer of the Coast Guard Michael Leavitt

RESERVE ADVISORY COUNCIL

Force Master Chief of the Navy Reserve Chris Wheeler USMC Reserve Force Sergeant Major James Booker Master Chief Petty Officer of the Coast Guard Reserve Force Mark Allen

FRA TODAY MAGAZINE

Publisher FRA National Executive Director Joseph L. Barnes Managing Editor Eileen Murphy **Contributing Editor** Lauren Armstrong Contributing Photographer Paul Gunther **Design and Art Direction**

FIREBRAND, Alexandria, VA www.firebrandstudios.com Design Director Scott Rodgerson **Production Manager** Sandy Jones

FRA TODAY (ISSN 0028-1409) IS PUBLISHED MONTHLY BY FRA, 125 N. WEST ST., ALEXANDRIA, VA 22314-2754. A MEMBER'S SUBSCRIPTION IS COVERED BY THE MEMBER'S ANNUAL DUES. PERIODICALS POSTAGE PAID AT ALEXANDRIA, VA AND ADDITIONAL OFFICES. PUBLICATION OF NON-SPONSORED ADVERTISING IN FRA TODAY DOES NOT CONSTITUTE AN ENDORSEMENT BY THE FRA OR ITS REPRESENTATIVES. POSTMASTER: SEND ADDRESS CHANGES TO: MEMBER SERVICES, FRA, 125 N. WEST ST., ALEXANDRIA, VA 22314-2754. FRA TODAY IS PUBLISHED IN THE INTERESTS OF ALL CURRENT AND FORMER ENLISTED PERSONNEL OF THE U.S. NAVY, MARINE CORPS, AND COAST GUARD. ELIGIBLE NON-MEMBERS ARE NOT ENTITLED TO SUBSCRIPTION RATES. ESTABLISHED 1 NOVEMBER 1923. TITLE REGISTERED WITH U.S. PATENT OFFICE

FRA ADMINISTRATIVE HEADQUARTERS: 125 N. WEST ST., ALEXANDRIA, VA 22314-2754 PHONE: 703-683-1400, 800-FRA-1924 • FAX: 703-549-6610 • E-MAIL: FRATODAY@FRA.ORG WWW.FRA.ORG

VOLUME 91 NUMBER 12





How to Make a Splash Without Getting Wet

Bring home 300 carats of aquamarine, the legendary "sailor's gem" — now available for under \$130!

This is not a necklace. It's the World's Most Beautiful Personal Flotation Device. Ever since ancient times, sailors have sworn by aquamarine for protection on the open water. For them, it was a sacred gem connected to Neptune. But today you don't have to leave shore to reap the benefits of this legendary blue gem, because your ship has come in. Today, you can wear this spectacular 300-Carat Maré Aquamarine Necklace for only \$129!



Stauer Exclusive! Order today for only \$129!

Claim your "Mermaid's Treasure." On any vessel crossing the oceans, there was no more precious cargo than aquamarine. Sailors paid handsomely for its power, considering it their most valuable commodity. In scientific terms, the chemical composition of our Maré Necklace beads are cousins to precious emeralds. They begin life as twins underground, colorless until geological chemistry sparks a beautiful change and one becomes vivid green and ours a bold and brilliant blue.

A legend among luxury jewelers. Named for the Latin words for "water of the sea," aquamarine shines with all the colors of the ocean. Each bead

is like a droplet of the sea frozen in space and time. Walk into the most exclusive retail jewelers and you'll find the gem in a place of honor. Fifth Avenue thinks nothing of offering a strand of aquamarine "pebbles" for nearly \$12,000. But you deserve more than a dollop. That's why we collected the bluest stones from three continents, polished them to perfection and arranged them in this 20" double-stranded, 300-carat masterpiece.

Other jewelry stores hate us because we don't play by their rules. Stauer wants to turn the luxury business on its head. We took the *Maré Aquamarine Necklace* to an independent appraiser who works with auction houses, luxury estate sales and insurance companies. He valued our *Maré* necklace at \$1,590.* We thanked him for his professional opinion and then ignored it. Because even if a graduate gemologist tells us that this necklace is valued at nearly \$1600, we want you to wear it for ONLY \$129. Yes, we're serious.

Your satisfaction is 100% guaranteed. If you don't fall in love with the *Maré*, send it back within 30 days for a complete refund of your purchase price. It's that simple. Call now to set sail on your own incredible aquamarine deal while they last!

JEWELRY SPECS:

- 300 ctw of genuine polished aquamarine - 14K gold-layered spacers and clasp

Maré Aquamarine Collection

Bracelet & Earrings Set (300 ctw)— \$138.....Now only \$99 Call now to take advantage of this extremely limited offer.

1-888-373-0654

Promotional Code MAN245-02
Please mention this code when you call.

Stauer®

14101 Southcross Drive W., Dept. MAN245-02 Burnsville, Minnesota 55337 www.stauer.com



limited to the first 2,500 Bracelet **Earrings** Necklace enlarged to show luxurious color. Smart Luxuries—Surprising Prices



The men and women of the Guard and Reserve depend on their military units, families, and employers for support. Whether serving our country or supporting those who do...

We All Serve.

ESGR DEVELOPS AND PROMOTES A CULTURE IN WHICH ALL AMERICAN EMPLOYERS

SUPPORT AND VALUE

THE MILITARY SERVICE OF THEIR EMPLOYEES.



WWW.ESGR.MIL 1-800-336-4590

Nominate your supportive employer for the

Secretary of Defense Employer Support Freedom Award,

the highest award given by the Department of Defense to employers for exceptional support of Guard and Reserve employees.

Accepting Nominations through Jan 21, 2013 ★ www.FreedomAward.mil



Mark Kilgore

FIRST, I WISH TO thank all the Shipmates and Auxiliary members throughout the Association that sent cards, letters and e-mails to me this past summer during my illness. Your wishes for a full and speedy recovery worked and I hit the deck running albeit a little slow in Reno ready, willing and able to step up to the plate as your National President.

In that vein, I also want to thank you Shipmates for giving me the honor and privilege of serving as your National President for this coming Association Year. Together with a National Board of Directors that has new blood and fresh ideas we hope to stem the tide of our declining membership.

During my "campaign" year for National Vice President and my early travels this past year, I stressed the importance of personalization in all our membership matters. This is especially critical in our communications with our renewing and/or past due members. Although we may be recruiting well, we are not focusing nearly as much energy towards retaining our members which is the primary reason for our decline in membership. To me, personalization is not what is said but

rather that you cared to say anything at all. Over the past year our dedicated Headquarters Staff, or "Team FRA" as I call them, have worked and prepared to bring the renewal process in-house, which will provide the control and flexibility to personalize our renewal notices while creating greater cost savings for the Association. A huge BRAVO ZULU to Team FRA for working so hard behind the scenes in addition to their regular work to make this happen over the past year.

Strategic Planning needs to continue and more importantly, the proposals researched and made need to be presented to the Delegates at the National Convention. To this end, the Delegates at this past National Convention passed the resolution to re-establish the Standing National Committee on Future Planning. This committee is chaired by Past National President Joseph Maez and solicits ideas and suggestions from all of the Shipmates around the Association. A letter with contact information has already been distributed via our weekly mail to branch secretaries; however, let me provide Shipmate Maez' contact information again: Chairman, FPC, P. O. Box 13152, Reno, NV 89507-3152,

e-mail: jmaez@sbcglobal.net. I truly hope that our Shipmates will fully utilize this conduit to present new and innovative ideas.

Last month I had the honor to have breakfast at the White House in commemoration of Veterans Day prior to the formal ceremonies at the Tomb of the Unknowns at Arlington National Cemetery. It was my distinct privilege to "show the flag" and represent the Fleet Reserve Association at both of these events, and I am pleased that the LAFRA National President Diane Hoover was available to join me and participate in our wreath presentation at Arlington.

I look forward to meeting and talking with you, the Shipmates of our great Association, during my travels in the coming year. Although the title of this article is "From the Bridge" I have always viewed myself as more of a "deck plate" type of individual; so please feel free to contact me with either your ideas or concerns — after all this is YOUR Association.

Mark Kilgore is FRA's National President for the 2012–2013 Association year. He is a member of FRA Branch 22 in Pensacola, Fla.





FRA National President Mark Kilgore and LA FRA National President Diane Hoover presented a wreath at the Tomb of the Unknowns at Arlington National Cemetery on Veterans Day 2012. Photos provided by Patty Barnes.

Kudos for Navy Divers

BRAVO ZULU on your recent (October 2012 FRA Today) article on the "Brotherhood of the Deep." It described the pride and camaraderie of U.S. Navy Divers and the work they do. Keep up the good work with more articles like



Chris Moyer

Thank you for the excellent article about Navy Divers in your October 2012 edition. It was great to see, as there never seems to be enough good articles about Navy Divers.

I was a Navy Diver from 1976 until my retirement in 2003 and I was assigned to Mobile Diving and Salvage Unit ONE in Pearl Harbor, Hawaii. We were the infamous Detachment 419, based in San Diego, Calif. We had great pride in our unit, our mission and in being United States Navy Divers. I still take great pride in the elite group of people I have been associated with through Navy Diving and believe your article was just the tip of the iceberg for really representing what Navy Divers are all about, but very well done! Thanks again for a great article!

Murray D. Warren

Benefits of Pharmacy Home Delivery

Express Scripts not only e-mails acknowledgement of receipt of prescriptions, it also e-mails when the prescriptions are to be mailed. Other benefits not mentioned are the automatic refill function, again with appropriate e-mails, plus an e-mail reminder that a prescription is about to run out and must be refilled.



Regarding returned mail-in prescriptions: they will also be returned if the doctor has not actually signed the prescription; computer-generated signatures are not acceptable. I learned of this the hard way and even confirmed the signature requirement by phone to Express Scripts.

TRICARE for Life is the greatest—and one of the few benefits Congress has ever given us old guys.

Stanley W. Sokolove

Correction

Shipmate Ernie Plantz, who was featured in the News From the Branches section of last month's magazine as he accepted his FRA Life Membership certificate, was a POW for three-and-a-half years during World War II — not during the Vietnam War as indicated. We regret the confusion the error may have caused.

High Praise for VRAP

I would like to share my experiences in utilizing the Veterans Retraining Assistance Program (VRAP). I recently began attending Del Mar College in Corpus Christi, Texas, through this program and feel it is very worthwhile to those of us who have been separated from the workplace for a long period of time. VRAP is designed for veterans, with or without jobs, ages 35 to 60 to attend a school training program. It is sponsored by the U.S. Department of Veterans Affairs (VA) and the U.S. Department of Labor as a means for veterans to retrain and obtain a job.

VRAP will pay you for 12 months to attend school and receive a certification in numerous training programs. Del Mar College offers the majority of the programs listed in the VRAP brochure, and I've chosen to retrain to obtain a security job (with the Department of Homeland Security) in one of our nation's airports.

This program has not been easy for me, as I have not been in a classroom for 40 years. But I feel confident that I will finish the program as I am receiving lots of help through tutors. (I had to go back and take remedial classes in English and Math.) I should mention that VRAP is paying me a stipend to help with expenses which, for me, is a real life saver.

Shipmate Donald Larson, Branch 94's secretary, is always on the lookout for programs to benefit veterans. When he approached my wife about this program, I was hesitant at first and afraid I couldn't complete the program. But after much discussion I became determined to utilize this program and I am grateful to Shipmate Don for bringing it to our attention.

It is my hope that every Veterans' Resource Center has copies of the VRAP brochure and I further hope that if your branch doesn't have a copy, that you will contact the VA to get one. If you, or anyone you know, could use this program I highly recommend it.

Robert D. Middleton

Submissions Send Shipmate Forum letters to Editor, FRA Today, 125 N. West St. Alexandria, VA 22314. E-mail submissions may be sent to fratoday@fra.org. Please include "Shipmate Forum" in the subject line. FRA reserves the right to select and edit letters for publication. Letters published in Shipmate Forum reflect the opinions and views of FRA members. They do not necessarily reflect the official position of FRA as a whole. FRA is not responsible for the accuracy of letter content.

EXCLUSIVE UNITED STATES NAVY DIAMOND DRESS WATCH

Personalized With Your Initials & Service Years

XII





Featuring Our Official Navy Emblem Dial, Minted in High Relief and Set with a Brilliant Diamond at 12 O'clock.

We proudly present our exclusive United States Navy Diamond Dress watch, to honor those who have bravely served our Country.

A special dial, minted like a fine coin and set with a full-cut diamond at 12 o'clock, captures every fine detail of your Service Branch Emblem. The dial is beautifully framed in a golden watch bezel with etched roman numerals, set on a two-tone watch case and dress braceletall decorated with genuine 24 karat Gold. The fine quartz watch movement keeps accurate time within seconds per month.



As a final touch of exclusivity, your watch back will be engraved with your full name and years of service, and delivered in a handsome gift box - perfect for Father's Day, Birthdays and Holidays.

Thank You priced at just \$125*, an affordable payment plan is available with no interest. This fine watch is designed by and created exclusively for Veterans Commemoratives™. It is not sold in stores. Your satisfaction is guaranteed 100% or return within 30 days for a refund or replacement. So, order today with confidence.

YOU HAVE EARNED THE RIGHT TO WEAR THIS UNIQUE WATCH AS A PERMANENT REMINDER OF YOUR SPECIAL PLACE IN HISTORY.



WITH EACH ORDER

CALL TO ORDER: 1-800-255-3048
Monday - Friday from 9am - 5pm EST Have Credit Card ready when ordering.

ORDER BY 12/15 FOR CHRISTMAS DELIVERY

E	£ (
4	
	7

OR, MAIL TO: Veterans	Commemoratives	™ Watch Order Center
Two Radnor Corporat	e Center, Suite 120), Radnor, PA 19087-4599

☐ YES. I wish to order a U.S. Navy Diamond Dress Watch, personalized with my full name and years of service.

FULL NAME TO ENGRAVE (Print clearly)

____ to ___ YEARS SERVED

I WISH TO PAY AS FOLLOWS:

- ☐ Enclosed is my check or money order for \$125* per watch payable to "Veterans Commemoratives" as payment in full, OR
- □Charge my credit card \$125* per watch as payment in full, OR
- □Charge my credit card in four monthly installments of \$31.25* each.
- * Plus \$14.95 per watch for engraving, shipping & handling. PA res. add 6% (\$8.40) sales tax.

CRED	IT	CA	RI):
UKLD.				<i>,</i>

□VISA □MASTER CARD □AMEX □DISCOVER exp.__/_

CC#:_____

SIGNATURE:

SHIPPING ADDRESS (We CANNOT ship to P.O. Boxes)Allow 4-6 weeks for delivery.

Name:

Address: ____

 City:
 State:
 Zip:

 Phone # ()
 Email:

©2005-2012 ICM MILWAT-NA-1212

John Davis

Busy Last Weeks of 112th Congress

AS THE POST-ELECTION, "LAME duck" session of the 112th Congress draws to a close, lawmakers will be pressing hard to finalize a variety of bills that affect FRA shipmates. Many issues need to be addressed before January 1, 2013, when automatic budget cuts (sequestration) take effect. This so-called "fiscal cliff," which involves drastic cuts that will take effect unless Congress takes action, includes additional Defense budget reductions and a 27-percent reduction to reimbursement rates for providers who see Medicare and TRICARE patients. As a result, spending and authorization measures and legislative proposals to meet or delay the sequestration deadline will move very quickly.

Members are urged to subscribe to FRA *NewsBytes*, our free e-mail update on legislative changes that affect military and veterans benefits, to ensure they can respond promptly to critical, fast-moving legislation. To subscribe,

please e-mail newsbytes@fra.org with "Subscribe" in the subject line and your name and address in the body. If you are a member of FRA or the Auxiliary, please include your member number as well.

The FRA Legislative Team is also preparing for the 113th Congress, which convenes in early January. As a result of the November elections, the Democrats retain control of the White House and increased their majority in the Senate, while Republicans retained their majority status in the House. As pressure grows to reduce the deficit, Congress will be forced to make tough choices about pay and benefits for active duty military personnel, Reservists, retirees and veterans. Consistent with its mission, FRA continues its work to preserve and enhance the quality of life of current and former enlisted personnel, their families and survivors.

ACTIVE DUTY/RESERVE ISSUES

Service Members' Growing Student Loan Debt

Secretary of Defense Leon Panetta; Holly Petraeus, assistant director of the Consumer Financial Protection Bureau (CFPB) Office of Service Members Affairs, and Chuck Milan, acting deputy assistant secretary of Defense for Military Community and Family Policy, participated in a press conference recently to discuss the unique obstacles reported by service members seeking to pay off student loan debt. According to a new CFPB report, 41 percent of active duty service members are paying off education-related loans. Panetta stated that financial health of military personnel is important and that financial difficulties are the number one reason service members lose their security clearance.

For more information about how the CFPB can help service members and student borrowers, visit www.consumerfinance.gov/servicemembers and www.consumerfinance.gov/students

Electronic TRS and TRR Payments

TRICARE Reserve Select (TRS) and TRICARE Retired Reserve (TRR) beneficiaries who currently pay monthly premiums by check must begin making payments electronically before Jan. 1, 2013. TRICARE Management Activity (TMA) will only accept monthly premium payments by recurring automatic credit or debit card transactions, or by recurring electronic funds transfer (EFT) from a linked bank account.

Current TRS and TRR beneficiaries should have also received notice from the Defense Manpower Data Center. Failure to pay premiums electronically by the due date can result in termination of coverage.

For more information on this issue, go to www.tricare.mil

Recovering Warrior Task Force 2012 Report Released

The 2012 Department of Defense (DoD) Recovering Warrior Task Force (RWTF) Report was recently released, providing extensive analysis of the numerous congressionally-mandated programs to help wounded warriors and their families. The report assesses the effectiveness of these programs and recommends structural improvements. The report provides 35 recommendations, segregated into the following four categories that reflect a holistic and patient-centered approach for the recovery, rehabilitation, and reintegration process:

- Enabling a better future;
- Restoring into society; and
- Optimizing ability;
- Restoring wellness and function.

To get a copy of the report go to www.icfi.com/insights/reports/2012/recovering-warrior-task-force-2012-annual-report

RETIREE ISSUES

Concurrent Receipt Update

As FRA Today goes to press, Senate Majority Leader Harry Reid (Nev.) has indicated that he will offer a Senate floor amendment to the National Defense Authorization Act (NDAA, S. 3254) that seeks to authorize comprehensive concurrent receipt of military retired pay and veterans disability compensation for all disabled retirees, including Chapter 61 retirees — those medically retired with less than 20 years of service. The amendment is similar to Reid's "The Retired Pay Restoration Act" (S. 344).

Other concurrent receipt legislation includes:

- H.R. 303 (Rep. Gus Bilirakis, Fla.) has 103 co-sponsors and proposes to eliminate the 10year phase-in period for retirees with a disability rating of 50 to 90 percent and extends concurrent retirement and disability payment (CRDP) eligibility to retirees rated less than 50 percent.
- H.R. 333 (Rep. Bishop Sanford, Ga.) has 166 co-sponsors and includes elements of H.R. 303 and would also open CRDP to medically retired personnel with less than 20 years of service (Chapter 61 retirees).
- H.R. 186 (Rep. Joe Wilson, S.C.) has 35 co-sponsors and would benefit all Chapter 61 retirees who would become eligible for CRDP over a five-year period.

These legislative proposals are listed on the FRA Action Center at www.fra.org.

TRICARE Prime Service Areas to be Reduced

According to press reports, the Department of Defense (DoD) is apparently planning to eliminate TRICARE Prime availability in several states and cities in the TRICARE West region, beginning on April 1, 2013. With some exceptions, most Prime beneficiaries in these areas will be moved to TRICARE Standard coverage, a more costly fee-for-service TRICARE option. Affected beneficiaries include retirees, Active Guard and Reserve troops, and family members in Iowa, Minnesota and Oregon, as well as in Reno, Nev., and Springfield, Mo.

DoD is not commenting on the plan, however, under new TRICARE contracts, TRICARE Management Activity (TMA) is only required to provide Prime coverage to beneficiaries who live within 40 miles of Military Treatment Facilities (MTFs) and in areas affected by the 2005 base realignment and closure (BRAC) process. Contracts awarded in 2010 specified this restriction, but numerous appeals of the contract awards delayed implementation.

Exceptions to the new policy may be authorized for some beneficiaries if there is a network of providers beyond the 40-mile limit and within 100 miles of the beneficiary. FRA is closely monitoring this and will provide additional information as it becomes available.

For more information, read Tom Philpott's Military Update column (11-8-2012) at www.fra.org.

Retirees Beware of Auto Sales from the "Exchange"

A military retiree publication is warning retirees of misleading advertisements in *Auto Trader* magazine and major metropolitan newspapers offering automobile sales through a company calling itself "Exchange Inc." Military exchanges do not have the authority to sell vehicles in the continental United States and these advertisements have left consumers from Texas to Colorado with the impression they are doing business with the Department of Defense's (DoD) Exchanges.

Military Exchange facilities are located solely on military installations. While military exchanges have mail order and Internet offerings, they do not advertise in civilian outlets such as metropolitan newspapers or automobile sales magazines. All advertisements for legitimate Exchange offerings are published in outlets whose audiences are mostly comprised of military members.

FRA Worked on Capitol Hill During Recess

During the seven-week, pre-election congressional recess, members of FRA's Legislative Team and representatives from other organizations in The Military Coalition (TMC) visited the offices of senators who are likely to be conferees for the FY 2013 National Defense Authorization Act (NDAA, S. 3254). The meetings focused on potential floor amendments and strategies for advancing provisions that relate to FRA's priority issues, which include dropping the Senate provision that would dramatically increase TRICARE pharmacy co-pays as compared to the House-passed legislation that links future adjustments to the same inflation index as retired pay and requires home delivery of prescription medications for TRICARE-for-Life (TFL) beneficiaries. The Senate plan to create a one-year BRAC-like commission to "reform" military retirement benefits and military pay was also addressed.

The House passed its version of the NDAA back in May and, once the Senate passes its version, a conference committee will reconcile differences, resulting in a conference report to be voted on by both chambers and approved or vetoed by the President.

Diet COLA for 2013

The Bureau of Labor Statistics announced that the official Cost of Living Adjustment (COLA) increase for 2013 is 1.7 percent. This increase, which takes effect on December 1, 2012, is less than last year's 3.6 percent COLA and will be reflected in military retired pay, VA benefits for disabled veterans, survivor annuities, and Social Security benefits paid on December 31, 2012.

The Consumer Price Index (CPI) tracks the inflation rate and is used to calculate the annual COLA. The index is based on the cost of a "basket of goods" for the average American during the period from October 1 to September 30 each year.

VETERANS ISSUES

VRAP Helps Unemployed Vets

Rep. Jeff Miller (Fla.), chairman of the House Veterans Affairs Committee, recently issued a status report on the Veterans Retraining Assistance Program (VRAP), indicating that more than 45,000 unemployed veterans have started, or will soon start, classes to learn a new trade through VRAP. They will be enrolled for one year, with the costs covered by the Montgomery GI Bill (MGIB). (To read a first-hand endorsement of VRAP, read Shipmate Middleton's letter to "Shipmate Forum" on page 6.)

VRAP was established by the VOW to Hire Heroes Act that was signed into law November 21, 2011 (H.R. 674 - P.L. 112-056). Miller was the original sponsor of the legislation and predicts that 99,000 veterans will participate in the program in FY 2013.

For more information go to: http://benefits. va.gov/vow/index.htm

President Signs Military Commercial Drivers License Act

President Obama recently signed the "Military Commercial Drivers License Act" (S. 3624) into law. Sponsored by Senator Olympia Snowe (Maine), the bill requires the U.S. Department of Transportation to accelerate licensing procedures to assist veterans acquiring commercial driver's licenses. The bill eliminates a previous restriction that only allowed veterans to obtain a commercial license in their home state of record. Service personnel can now apply their military training and earn a commercial license where they are stationed, which will help their future employment prospects.

VA Releases Fact Sheet

The Department of Veterans Affairs (VA) released a current fact sheet on VA pension programs that includes important information for veterans, survivors and their families. The fact sheet explains who is eligible to receive pension benefits and who is eligible for "aid and attendance." The document also provides a website list of accredited representatives that are available to assist claimants with preparation, presentation and prosecution of a claim for VA benefits.

The information is accessible at www.vba. va.gov/VBA/docs/PensionProgramInfo_final.pdf

2013 FRA LEGISLATIVE AGENDA

FRA will fight to preserve and enhance benefits and quality-of-life programs for active, Reserve, retired, and veterans of the Navy, Marine Corps, and Coast Guard plus their families and survivors. The Association will continue its opposition to sequestration (automatic budget cuts) as mandated by the 2011 Budget Control Act due to the adverse impact of implementation on Department of Defense and Department of Veterans' Affairs health care programs and other benefits. FRA's proposed legislative agenda for 2013 is as follows:

EXPAND HEALTH CARE OPTIONS

Health Care Reform: Monitor health care reform and ensure that TRICARE and VA Health Care programs are not adversely impacted by unanticipated consequences during implementation.

Oppose Excessive TRICARE Enrollment Fee Increases: The Defense Department must sufficiently investigate and implement other options to make TRICARE more cost-efficient as alternatives to shifting costs to TRICARE beneficiaries and oppose any indexing of future TRICARE Fee increases beyond COLA increases.

Support Adequate Funding for Military Health Service: Ensure adequate funding for the Military Health Service (MHS) in order to meet readiness needs, fully fund TRICARE, and improve access and awareness of benefits for all beneficiaries regardless of age, status or location, including Reservists participating in TRICARE Reserve Select, TRICARE Retired Reserve, and Individual Ready Reserve personnel.

DOD/VA Health Care Resource **Sharing:** Ensure adequate funding for Department of Defense (DOD) and Department of Veterans' Affairs (VA) health care resource sharing in delivering seamless, cost effective, quality services to personnel wounded while participating in Operations Enduring Freedom and Iraqi Freedom, and other veterans, and their families.

Pharmaceutical Drug Benefit: Monitor the pharmacy benefit and ensure that pharmacies maintain a broad uniform formulary. FRA

supports efforts to reduce prescription costs through "federal pricing" and other discount programs, and will encourage increased utilization of home delivery prescriptions to limit co-pays for beneficiaries and reduce costs as alternatives to higher fees, and co-payments.

Allow Military Retirees to Pay for **Healthcare with Pretax Dollars:** Secure authorization for military retirees to pay health insurance premiums on a pretax basis and allow for a tax deduction for TRICARE supplemental insurance premiums.

PROTECT PERSONNEL PROGRAMS

Active Duty Pay: Secure annual active duty pay increases that are at least equal to the Employment Cost Index (ECI).

Ensure Early Retirement Benefits for Involuntarily Separated Personnel: Early retirement and other benefits must be authorized for service members involuntarily separated with less than 20 years of service: including the temporary early retirement authority (TERA) program to minimize the impact of end strength reductions on career personnel.

Defense Budget: Advocate for a Defense (DoD) Budget that is at least five (5) percent of the Gross Domestic Product (GDP) to ensure adequate funding for both personnel and weapons programs.

Military Resale System: Oppose privatization and ensure adequate funding for the Defense Commissary Agency (DeCA) to preserve the value of the current benefit and access for all patrons, and oppose consolidation of military exchanges based on results of

The invention of the year is great news for your ears

Perfect Choice HD^{TM} is easy to use, hard to see and costs far less... it's like reading glasses for your ears TM !

New Personal Sound Amplification Product is an affordable alternative

Over the years, technology has made the way we live easier, safer and more convenient. In many cases, it's even made many products more affordable... (remember how much the first VCR used to cost?). Unfortunately, the cost of hearing aids never seemed to come down. Now, a new alternative has been invented... it's called Perfect Choice HDTM.

"Reading glasses for your ears"

Perfect Choice HD is NOT a

hearing aid. Hearing aids can only be sold by an audiologist or a licensed hearing instrument specialist. In order to get a hearing aid, you had to go to the doctor's office for a battery of tests and numerous fitting appointments. Once they had you tested and fitted, you would have to pay as

much as \$5000 for the product. Now, thanks to the efforts of the

	Perfect Choice HD	Others
Lightweight and Inconspicuous	YES	Some
Easy Toggle Switch Adjustment	YES	Few
Tests and Fittings Required	NO	Most
Affordable	YES	as much as \$5000
Friendly Return Policy	YES	Rarely

Are you or a loved one frustrated in these situations?

- Restaurants Dinner parties
 - Outdoor conversations
 - Lectures Sermons
 - Meetings

...and other times where you need to turn up the volume

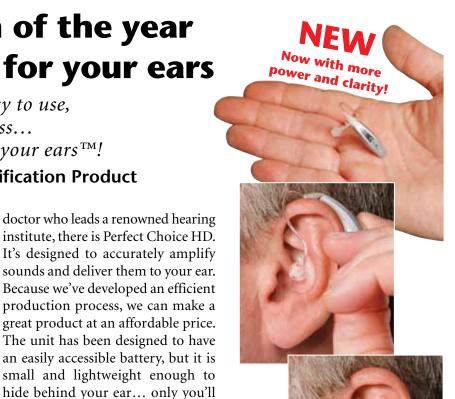
have something stuck in your ear. It provides high quality audio so sounds and conversations will be easier to hear and understand.

know you have it on. It's comfortable

and won't make you feel like you

Perfect Choice HD feature comparison

Try it for yourself with our exclusive home trial. Some people need hearing aids but many just need the extra boost in volume that a PSAP gives them. We want you to be happy with Perfect Choice HD, so we are offering to let you try it for yourself. If you are not totally satisfied



Affordable, Simple to use, Virtually impossible to see

with this product, simply return it within 60 days for a refund of the full product purchase price. Don't wait... don't miss out on another conversation... call now!



Call now for the lowest price ever.

Please mention promotional code 46161.

1-888-648-9639

1998 Ruffin Mill Road • Colonial Heights, VA 23834

Perfect Choice HD is not a hearing aid. If you believe you need a hearing aid, please consult a physician.

continued from page 10

costly recent studies on this concept and opposition from the services.

End Strengths: Track Reserve and active duty end strengths to ensure there are adequate personnel available to meet the demands of Operations New Dawn and Enduring Freedom, and other operational requirements, and to minimize expanding deployment periods and reduced dwell times.

BAH: Reform enlisted housing standards by allowing E-7s and above to reside in separate homes, track the Basic Allowance for Housing (BAH) to ensure it is commensurate with actual housing costs, ensure adequate housing inventory and that housing privatization programs are beneficial to service members and their families.

PCS Reform: Track the PCS process; ensure adequate funding of the Transition and Relocation Assistance Programs, and authorization of increased PCS mileage rates and higher household goods weight limits for senior enlisted personnel. Also advocate for shipment of a second POV for accompanied overseas assignments.

SCRA Enforcement: Ensure that the Servicemembers Civil Relief Act (SCRA) is enforced by regulatory agencies, including the Consumer Financial Protection Bureau (CFPB), Office of Military Affairs.

Coast Guard Parity: Ensure funding parity with DoD of pay, benefits and housing for Coast Guard personnel plus adequate resources for same within the U.S. Coast Guard budget.

Impact Aid Program: Ensure that the Department of Education has adequate funding to reimburse local school districts for educating military children and that the DoD budget includes sufficient supplemental funds to provide support for highly impacted school districts.

Reservists Out-of-Pocket Expenses: Allow full tax-deductibility of non-reimbursable expenses related to military training and weekend drill.

Sea Services Recruiters: Work to ensure that recruiters have unrestricted access to secondary schools, colleges and universities on the same basis as private sector employers.

VETERANS' ISSUES

Improve Department of Veterans' Affairs Funding: Support initiatives to help ensure adequate funding for the VA, with special attention for VA health care to ensure access and care for all beneficiaries.

Support Blue Water Navy Agent Orange Disability Claims: Seek to reverse the VA's policy that prevents "blue water" military retirees and veterans from claiming disability benefits for diseases associated with exposure to Agent Orange during the Vietnam War.

Improve VA Fiduciary Program: Ensure adequate oversight of the VA fiduciary program that cares for the most vulnerable veterans; and streamline regulatory oversight for those who are both caregivers and fiduciaries and regulated by separate VA programs.

Oppose Access Fees: Oppose establishing a tiered enrollment fee structure for veterans in Priority Groups 7 and 8 within the VA Health Care System.

Improve VA Claim Processing: Work to eliminate the backlog of claims at the Department of Veterans Affairs and support reform of the antiquated Veterans Benefits Administration (VBA) paper claims system.

Education Enhancements: Ensure full and timely implementation of improvements to the Post 9/11 GI Bill and work to improve other education benefit programs for veterans, and survivors of disabled or deceased veterans who died of a service-connected disability, were killed on active duty or while on drill status.

Reserve Retirees Veterans' Status: Seek full veteran status for Reservists with 20 years or more of service, who do not otherwise qualify for full veterans' benefits under current law.

SAFEGUARD RETIREE BENEFITS

Protect Military Retired or Retainer Pay: Fight efforts to reduce military retired or retainer pay and ensure equitable cost-of-living adjustments (COLAs) for all military retirees commensurate with their service and sacrifices, and oppose efforts to civilianize the military retirement system. And advocate for rounding up to the next dollar for retired pay and other benefits.

Concurrent Receipt: Support legislation authorizing the immediate payment of concurrent receipt of full military retired pay and veterans' disability compensation for all disabled retirees.

Reserve Retirement Age: Support extension of authority for early retirement (90 days active duty = three months reduction) for all Reservists who have served since 9/11/01, and the elimination of fiscal year specific rule associated with same.

USFSPA: Encourage the introduction and enactment of legislation to eliminate inequities in the Uniformed Services Former Spouses Protection Act (USFSPA).

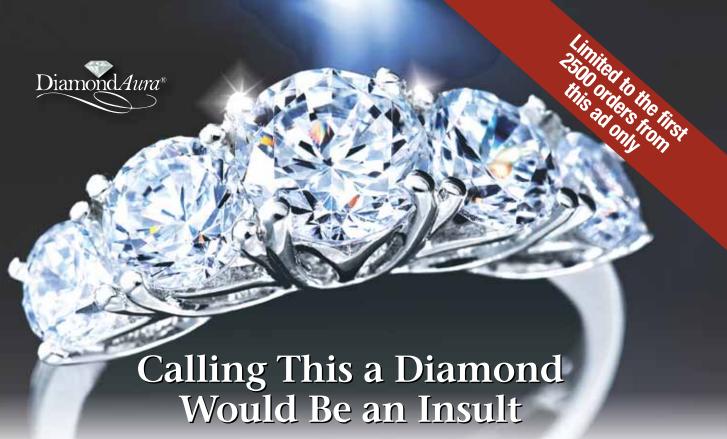
Retention of Final Month's Retired Pay: Support legislation authorizing the retention of the full final month's retired pay by the surviving spouse (or other designated survivor) for the month in which the member was alive for at least 24 hours.

SBP/DIC Offset: Support legislation to repeal the SBP/DIC offset for surviving spouses of personnel who die of service-connected causes.

Paid-up SBP at Age 67: Work to change the minimum age for paid-up SBP from age 70 to age 67 which will allow those who joined the military at age 17, 18 or 19 and serve 20 years to only be required to pay SBP premiums for 30 years.

Base Closures: Support retention of military treatment and other facilities at BRAC sites that are patronized by sizeable retiree and Reserve populations and closely monitor the impact of closures and realignments.

The FRA Legislative team is Joe Barnes, National Executive Director; John Davis, Director of Legislative Programs; Bob Washington, Health Care Advisor and Outreach Manager; Chris Slawinski, National Veterans Service Officer and Ed Dockery, Assistant Director of Legislative Programs.



Experts warn that millions of rings may be "romantically defective" when compared to the stunning DiamondAura® 5-Stone Ring for ONLY \$99!

She loves natural diamonds. She loves you even more. But when even 1-carat stones can sell for as much as \$9,000, it's time to reconsider your relationship... with diamonds. Compared to the Stauer DiamondAura® 5-Stone Ring with nearly 2 ½ carats, a skimpy diamond is "romantically defective." Have you overpaid only to be underwhelmed? Send it back. You can do better. You can do bigger. And you can absolutely take her breath away for under \$100.

When "cute" is a four-letter word. If you want to make a romantic impression, go big. Cute doesn't cut it. Your love deserves to be wowed. If you're a billionaire with money to burn, turn the page. Everyone else? What you read next just might change your life. There's only one way to find out...

Science not snobbery. Thanks to the advanced science behind our exclusive Diamond*Aura*, you can experience superior clarity and larger carat weights without the outrageous cost of natural diamonds. Diamond*Aura* is crafted using an incredibly complex process that involves heating rare minerals to temperatures of nearly 5000°F. After expert cutting and polishing, every lab-created Diamond*Aura* retains the



EXCLUSIVE
BONUS OFFER!
Order today to get
these FREE 1-Carat
DiamondAura®
sterling-silver studs
PLUS
\$300 in Stauer
Gift Coupons!**

classic jeweler's specifications, including color, clarity, cut and carat weight. Diamond Aura doesn't emulate the world's most perfect diamonds... it surpasses them. The color dispersion is actually superior to mined diamonds. You get more sparkle, fire and flawless beauty for a fraction of the price.

Scintillating in sterling silver. Our quest for perfection doesn't end in the lab. Passionate designers bring inspiration from history books and Fifth Avenue showrooms to every inch of the *5-Stone Ring*. The ring features a classic quintet of round-cut, lab-created Diamond*Aura*, 2 ¹/₃ carats prong-set in the finest .925 sterling silver. A spectacular alternative for those occasions when a lonely solitaire will simply not suffice.

Romantic satisfaction guaranteed. If for any reason she doesn't completely adore the *5-Stone DiamondAura Ring*,

Smart Luxuries—Surprising Prices

return it within 30 days for a full refund of your purchase price. We're so confident you'll fall for Diamond*Aura*, that we'll include a stunning pair of 1-carat Diamond*Aura* studs in sterling silver... absolutely FREE. **Plus, when you call today, you'll also get \$300 in Stauer Gift Coupons (\$25 to use every month for 12 months with no minimum purchase required)! You played by the old rules and the big jewelry stores emptied your pockets. Our job is to fill them back up!

JEWELRY SPECS:

- 2 1/3 ctw brilliant white DiamondAura®
- .925 sterling-silver setting

DiamondAura® 5-Stone Ring

(2 ¹/₃ ctw) — **Only \$99** + S&P Specify ring whole size 5-10 when ordering.

PLUS FREE DiamondAura™ stud earrings—a \$99 value!

Call now to take advantage of this extremely limited offer.

1-888-870-7382

Promotional Code FSR191-02
Please mention this code when you call.



Stauer has a **Better Business Bureau Rating** of **A**+

Stauer® Dept. FSR191-02
Burnsville, Minnes

14101 Southcross Drive W., Dept. FSR191-02 Burnsville, Minnesota 55337 www.stauer.com



CONVENTION HIGHLIGHTS

FRA, AUXILIARY ELECT NATIONAL OFFICERS

FRA Convention delegates elected NVP and PRPSE Mark Kilgore of Branch 22 (Pensacola, Fla.) as the Association's National President for the 2012-2013 Association Year. PRPWC Virgil Courneya of Branch 274 (Reno, Nev.) was elected National Vice President for the same period.

LA FRA delegates elected NVP Diane Hoover of Unit 24 (Annapolis, Md.) to serve as the Auxiliary's National President and NFS Karen Smith of Unit 11 (Fort Worth, Texas) as National Vice President.

CONSTITUTION AND BYLAWS/STANDING RULES CHANGES

Convention delegates voted to:

- · Consolidate the New England and Northeast Regions of the Association, effective at the close of the 86th National Convention (in 2013).
- Reduce the number of members required to establish a new FRA branch from 25 to 20.
- Dissolve the FRA Building Committee and transfer the responsibility for maintaining the FRA National Headquarters (NHQ) building to the NHQ staff.
- Allow LA FRA units to conduct Auxiliary business when their sponsoring branch's charter has been suspended, revoked or voluntarily surrendered.
- Clarify the process for removing elected officers from their post if they fail to perform their duties.
- Terminate the FRA Defined Employee Pension Fund.
- Make the Special Committee on Future Strategic Planning a standing national committee, which will now be the National Committee on Future Planning, chaired by PNP Joe Maez.
- Eliminate requirement that Americanism Essay Contest entrants provide Social Security numbers.

Resolutions to establish an Associate membership category and limit FRA national conventions to three days were not approved. Delegates also rejected a resolution to make the chairman of the Membership and Retention Committee an appointed position.

HONORARY MEMBERS

Convention delegates granted honorary FRA membership to: Terry D. Holland (sponsored by Branch 162, New Orleans, La.), The Honorable Gus Bilirakis (sponsored by Branch 188, Tampa, Fla.), Robert Walton Perrizo (sponsored by Branch 367, San Miguel, P.I.) and William E. Baker (sponsored by Branch 11, Fort Worth, Texas).

A Certificate of Merit was awarded to Paul S. Cabasug (sponsored by Branch 171, Southern Luzon, P.I.).

2014 NATIONAL CONVENTIONS

Delegates accepted the proposal of Corpus Christi Branch and Unit 94 to host the 2014 FRA and Auxiliary National Conventions in Corpus Christi, Texas. The event will be held October 12 through 18, 2014, at the Omni Bayfront Hotel, where rooms will cost \$109/night, plus tax for single/ double occupancy rooms.

CONVENTION SPEAKERS

Opening Ceremonies — Wednesday, October 17th

FRA and LA FRA delegates took part in the Convention's joint opening ceremonies, which included remarks from keynote speaker Mark Clookie, director of the Naval Criminal Investigative Service (NCIS), and Kevin Secor, the Veterans Service Officer Liaison for the Department of Veterans Affairs (VA).

Clookie opened his remarks with a brief video about NCIS and its diverse mission and international scope. The agency that used to require its agents to be undercover all the time is now very public in its efforts to investigate and thwart terrorist, foreign intelligence and criminal threats to the U.S. Navy and Marine Corps. NCIS works in partnership with other law enforcement agencies and employs both civilian and active duty/Reserve personnel to achieve its missions. NCIS' mission is similar to FRA's, according to Clookie. "We're both here to protect Sailors, Marines and their families.

"Diversity is critical, particularly since we are spread so thin," Clookie said of the force that works to address hightech threats, investigate damage to U.S. assets, conduct counter-terrorism task forces, provide proactive efforts to curb adult sexual assault and physical exploitation of children, address a significant upturn in the use of synthetic drugs and counter "threats from within," such as service members who sell military secrets.

Clookie also praised the actors and producers of the NCIS television series, thanking them for their extraordinary support for the real-life work of NCIS. Thanks to the exposure created by the TV show, Clookie says the agency can choose the very best candidates for its special agent corps. "We receive approximately 4,500 applications for the 24 training slots we have in each class and we can afford to be very choosy. Our candidates have zero drug abuse in their backgrounds and many have foreign language capabilities."

Secor thanked shipmates and Auxiliary members for their continued service and support of our nation's veterans, calling them the "faces of American exceptionalism" and drawing parallels between our organizations' and the VA's work to take care of those who trained and fought for our country. He spoke of the VA's efforts to increase access to healthcare and other services, reduce the backlog of unresolved disability claims and reduce homelessness among America's vets, as well as the 40-percent increase in funding since 2009 that will help achieve these goals.

He also discussed the decision to add three new Agent Orange-associated conditions to the list of those presumed related to military service, which is associated with one of FRA's top priorities. New clinics and poly-trauma centers, additional women's veteran coordinators, and the online E-benefits programs also make it easier for veterans to get the help they need. (Read Tom Philpott's syndicated Military Update column of 10-25-2012 at www.fra.org to learn more about E-benefits.) The Department is also working to automate the claims process to accelerate the claims adjudication process and new programs are already making an impact in reducing homelessness among veterans. Secor also spoke of technologies that will improve services to veterans and the implementation of a joint VA/Department of Defense suicide hotline that is saving lives.

Secor said these efforts could not be accomplished without the support of the FRA, and asked convention delegates to continue their advocacy on Capitol Hill for veterans and volunteer endeavors in their communities.

First Business Session — Wednesday, October 17th

Johnie Webb, deputy to the Commander for External Relations and Legislative Affairs for Joint POW/MIA Accounting Command (JPAC), addressed delegates during FRA's first business session, explaining the important work being done to account for missing U.S. military personnel. JPAC efforts have identified the remains of two World War I veterans in the past year and work continues to identify the more than 80,000 unaccounted for personnel who served from World War II to present.

"We've been finding, recovering and identifying between 70 and 80 service members a year, but Congress wants us to do more. The National Defense Authorization Act of 2010 tasks us with developing our capacity and capabilities to identify 200 per year by 2015. That means we must recover approximately 250 per year, since some we recover can't be identified," explained Webb, adding that it takes between 18

and 24 months to identify human remains.

He went on to elaborate on challenges associated with recovering remains in countries where diplomatic relations break down, or identifying remains for service members who have no DNA on file. "We have good DNA samples for about 80 percent of Korea and Vietnam personnel and we're working to obtain samples for the remaining 20 percent. By comparison, we only have DNA on file for about one percent of World War II service members." He encouraged shipmates to visit and refer others to JPAC's website (www.jpac. pacom.mil) if they know anyone who has a missing relative from any U.S. military conflict. By donating a DNA sample, you may be able to help JPAC in its identification efforts.

To meet its goal to recover and identify more missing service members, JPAC plans to conduct 90 missions in 16 different countries during 2013, including efforts to identify Tarawa Marines and Pearl Harbor casualties from the USS California and USS Oklahoma buried in the National Memorial Cemetery of the Pacific, a.k.a. the "Punch Bowl." JPAC is one the few federal agencies with increasing manpower and budget to accomplish its mission. "We aren't proposing wholesale excavation," Webb said of the proposal, "and we have to believe we have enough information to identify the remains before we disinter these men."

"JPAC's motto is 'Until they are home,' and we are committed to meeting our goal," said Webb. "It's a huge undertaking, but we are up to the challenge."

Second Business Session — Thursday, October 18th

Dave Pennington, coordinator for the Navy's Safe Harbor Anchor and Adaptive Sports programs and former Force Master Chief for the Navy Reserve, spoke during the Second Business Session, thanking shipmates for partnering with Safe Harbor to help wounded warriors transition from military service to the civilian world.

"You just don't know how much it means when somebody who's had a really bad day in the Navy ... whether they be wounded in battle or hurt on the ship, maybe at a liberty incident, maybe somebody that just got the news that they have some type of illness ... knows they can come to FRA and ask for somebody who's familiar with that area to be a shipmate and friend, to be an advocate, to be there, day or night," explained Shipmate Pennington. "Many of our FRA members have done that with our wounded warriors, and we want to continue that partnership."

He went on to thank FRA member Dennis Egge, who was Safe Harbor's first mentor, and other FRA shipmates, including PNP Ralph Schmidt, who've helped transitioning Sailors and shared some of their stories. The program has grown substantially in the past three years, going from five enrolled Sailors to 85. "Navy Safe Harbor is alive and well," said Pennington, "and I thank you so much."

FORCM (SW/AW) Earl Gray Jr., of Navy Recruiting Command, also addressed delegates



during the Second Business Session, thanking FRA for all they've done and continue to do for Navy personnel. He referenced that some Sailors regard the word "shipmate" as a derogatory term and spoke of his efforts to redefine what it really means and how it relates to the FRA and the Association's advocacy for deckplate Sailors.

Shipmate Gray went on to share the six words Admiral Jonathan Greenert, the Navy's chief of Naval Operations, believes all Sailors should know: Warfighting first, operating forward, be ready. RADM Earl L. Gay, commander of Naval Recruiting Command, has a similarly summarized philosophy for the command: Recruit readiness, articulate expectations, and always transparency. He went on to emphasize that everyone is a recruiter in one way or another, particularly those who've served in the military.

He also described Recruiting Command's structure, which is divided into 26 districts in two regions and includes 1,400 recruiting stations around the country. With the exception of Reserve medical personnel, Recruiting Command is exceeding its recruiting goals and Gray praised the more than 6,500 military and civilian personnel who comprise the command. "Our young folks are doing a phenomenal job at Recruiting Command," said Gray.

Senior Enlisted Leadership Panel — Friday, October 19th

Enlisted leaders from the Navy, Marine Corps and Coast Guard provided insights into their respective services during the Senior Enlisted Panel discussion, facilitated by NED Joe Barnes.

FORCM Earl Gray added to his earlier brief on Navy recruiting by outlining the weekly e-mail update he provides to recruiters in his command. The one-page, 60-second snapshot highlights a single topic that is relevant to enlisted Navy leaders, and Shipmate Gray invited convention delegates to help him draft an update about what FRA is doing to support deckplate Sailors.

During the Q&A session that followed the presentation, Gray was asked how the repeal of Don't Ask Don't Tell has impacted Navy recruiting. He said it has had no impact and the other panelists said the same holds true for their respective services. "Some people believed the repeal was going to be a big deal, but quite simply, it's not," said Gray. "The bottom line is Sailors are doing their jobs."

Sergeant Major Cevet Adams, sergeant major for Marine Corps' Manpower and Reserve Affairs, thanked shipmates for "allowing me to be where I am today" and spoke about the Corps' challenges to prepare for war and, at the same time, face domestic issues such as suicide, sexual assault and alcohol abuse.

"We've had 41 Marines die by suicide since January 1, compared to a total of 32 suicides for all of last year," Adams explained. "We're going kneecap-to-kneecap with our

Marines, looking them in the eye and getting everyone involved" in the fight against this disturbing trend.

Shipmate Adams spoke about the dramatic improvements to housing for Marines and their families, stating that substandard stateside housing is a thing of the past. He also referenced the cuts in funding and manpower that are on the horizon for the Marine Corps, saying the service will work to ensure their pay and benefits remain on par with the other services. As Marine Corps manpower declines from 200,000 to 182,100, Commandant James Amos has pledged to keep faith with those who are being separated from service. "We're going to use a phased approach and honor the contracts we made with our Marines," said Adams.

Master Chief Petty Officer of the Coast Guard Reserve Force Mark Allen brought greetings from Coast Guard Commandant Bob Papp and Master Chief Petty Officer of the Coast Guard Mike Leavitt, and spoke about the value of FRA and The Military Coalition, and the quality-of-life benefits Coast Guard personnel enjoy because of their work. Shipmate Allen referenced FRA's involvement in helping the Coast Guard address suicide rates, housing improvements and childcare concerns, and thanked the Association for its support of the USCG's Enlisted Person of the Year and other recognition programs.

Allen also outlined Commandant Papp's four lessons for navigating the fiscally "uncertain and stormy seas" that lie ahead for the Coast Guard, citing the need to have a well-trained crew, standing orders and a strong communications system, a well-equipped crew, and the importance of taking care of the crew and their families. As part of this fourth segment, he outlined the service's Family Campaign that will include retreats for couples (provided by the chaplains' corps) and service-wide physical fitness requirements.

Command Master Chief (CMC) Evelyn Banks, the CMC for Naval Sea Systems Command (NAVSEA), addressed delegates about the importance of time and explained how today's Sailors are being asked to prioritize their responsibilities in terms of things that absolutely must be done; things that need to be done, but perhaps can occur less frequently; and what they simply do not have time to accomplish.

"Sailors are being asked to do more with less, it's causing stress on the fleet. We are ready to take on additional challenges if required, but stress is the enemy and we're taking a close look at how to best invest our time and resources," explained Shipmate Banks.

She went on to thank FRA for its support of the Navy's Sailor of the Year and Recruiter of the Year programs, as well as other efforts to improve the quality of life for Sailors and their families. She asked shipmates to share photos of their good work with her for a cruise book honoring the FRA. (Photos can be sent to evelyn.banks@navy.mil)



BRANCH LISTING FOR 2013



FRA and Marsh U.S. Consumer are proud to provide a listing of all FRA branches for the coming year. Arranged by region, the directory also includes branch meeting times and locations as well as contact information for each regional president and vice president. Branches are the heart of FRA — and we encourage involvement from every shipmate!

Keeping in touch with other branches in your region and beyond can be very beneficial. Whether planning a new community service project, supporting an outreach event, or just looking for ideas to strengthen your branch, your shipmates can be a great source of support and assistance. Regional and national conventions are a great way to connect with shipmates outside your branch, but there are numerous other ways to connect with your fellow shipmates without ever leaving home.

Want to be more involved in your branch? Call your secretary today and express your interest in supporting the branch by volunteering to help with:

- Public speaking
- Becoming a mentor to other shipmates
- Community service opportunities
- Assisting with the branch Web site
- Recruiting members
- Calling new members to welcome them
- Hosting an online discussion community
- Working on branch newsletter

Interested in starting a new branch? Call Penny Collins, Director of Membership Development at 1-800-FRA-1924 ext. 123.

SOMETHING WORTH PROTECTING...

You helped secure our nation's future. Let us do the same for your family.

Attention FRA members with MEDICARE & TRICARE

WHO PAYS for the costly "recovery care" services you need at home, after you're discharged from the hospital? Medicare? TRICARE For Life? You?

GET THE FACTS—NOW.

MEDICARE **limits** the home health care it will pay for.

TRICARE has strict criteria to qualify and **does not cover** home health aide, homemaker or companion services at all.

ALERT! If you need more than what Medicare or TRICARE covers, you may either pay for it yourself or go without.

The FRA-endorsed Short Term Recovery Insurance Plan can help put you in charge, with CASH BENEFITS for Hospital AND at-home recovery care.

You've earned the right to comprehensive quality health care. It's what you deserve and it shouldn't fall apart when you leave the Hospital. With this plan, you can help make sure it won't.

- ★ Guaranteed acceptance you cannot be turned down*
- ★ Exclusive FRA-negotiated group rates for members

- ★ Cash benefits paid directly to you or anyone you choose, in addition to any other coverage
- ★ Use the money any way you want, no restrictions

KNOW YOUR OPTIONS! To request more information, call toll-free: 1-800-424-1120 or Go Online: www.frainsure.com Reguest Number 058130-1-1-1

Hearing-impaired or voice-impaired members may call the Relay Line at 1-800-855-2881.



such as Pre-Existing Conditions.

SRP-1151 A (HLA)(5240)

information includes costs, exclusions, limitations, reduction of benefits and terms of coverage. Coverage may not be issued in some states. All benefits are subject to the terms and conditions of the policy. Policies underwritten by Hartford Life and Accident Insurance Company detail exclusions, limitations and terms under which the policies may be continued in force or discontinued.

*This policy is guaranteed acceptance, but it does contain a Pre-Existing Conditions Limitation.

Please refer to the Certificate of Insurance for more information on exclusions and limitations,

Hartford Life and Accident Insurance Company Simsbury, CT 06089 The Hartford® is The Hartford Financial Services Group, Inc., and its subsidiaries, including issuing company Hartford Life Insurance Company.



For FRA members and spouses age 65 and older

AR Ins. Lic. #245544, CA Ins. Lic. #0633005 d/b/a in CA Seabury & Smith Insurance Program Management

Underwritten by

East Coast Region

Regional President: Donald A Hoover, 737 Dogwood Ln, Annapolis, MD 21409-6019, H: (410) 757-9325, dajhoover@bigplanet.com Regional Vice President: James Campbell, 1010 Whippingham Pkwy, Carrollton, VA 23314-3309, H: (757) 238-9690, ss15for3@hotmail.com

No. 004	President August A Blancaflor	Secretary Alejandro S Bravo	Telephone # (301) 248-2412	E-mail Address abravo9121@verizon.net	Mailing Address 8901 Palmer St, Ft Washington, MD 20744-3637	Meeting Place Harmony Hall Reg. Ctr., 10701 Livingston Rd., R. Washington, MD		Location DC, WASHINGTON
900	Jacob R Sciiwaltz James E. Tracey	Bryant McCray	(410) 294-2979	secial occurring mecraybd@comcast.net	4312 Cape nelly Ave; Nortonk, VA 23313-2717 7703 Johnnycake Rd., Baltimore, MD 21244-1218	War Memorial Building, Gay & Fayette Streets, Baltimore, MD	1900, 4til lues. 1900, 1st Fri.	MD, BALTIMORE
024	Pleasala J Collins	Valerie Reed	(619) 254-0263	FRAbranch24@Gmail.com	100 Compromise St, Annapolis, MD 21401-1808	100 Compromise Street, Annapolis, MD	1900, 2nd Tues.	MD, ANNAPOLIS
037	William D Hansen	Joseph E Cobb	(757) 397-2354	cobbj66@yahoo.com	PO Box 7215, Portsmouth, VA 23707-0215	101 Alabama Extension, Portsmouth, VA	1400, 3rd Sun.	VA, PORTSMOUTH
040	Michael Lee Campbell	James W Scarbro	(757) 482-2209	jimscarbro@cox.net	613 Hillwell Rd, Chesapeake, VA 23322-3812	Four O Club, 4060 S. Military Highway, Chesapeake, VA	1900, 3rd Tues.	VA, CHESAPEAKE
041	Joe Black	George J Kelly	(540) 586-0766	btusnret@aol.com	1659 Virginia Byway, Bedford, VA 24523-4705	Sr. Citizen's Ctr. WWM, 804 E. Wash. Ave, Vinton, VA	1830, 3rd Tues.	VA, ROANOKE
090	John J Willis	William Paul Knight	(757) 531-7158	williamknight1@cox.net	8475 Pythian Ave # B, Norfolk, VA 23518-2663	Branch Home, 9611 1st View Street, Norfolk, VA	1900, 2nd Thurs.	VA, NORFOLK
290	William A Speight, Sr.	Bev Renee Whitfield	(301) 324-9322	user119670@aol.com	5006 Suitland Rd, Suitland, MD 20746-1263	Branch Home, 5006 Suitland Road, Suitland, MD	1930, 2nd Thurs.	MD, SUITLAND
093	Anthony W Smith	Daniel H Vollmer	(240) 298-8670	danvollmer@md.metrocast.net	PO Box 93, Patuxent River, MD 20670-0093	21707 Three Notch Road, Lexington, Park, MD	1800, 2nd Mon.	MD, PATUXENT RIVER
660	Charles A Baldwin	Steve C. McCulloch	(757)572-2584	stevencmcculloch@gmail.com	357 Edwin Dr, Virginia Beach, VA 23462-4522	Branch Home, 357 Edwin Drive, Virginia Beach, VA	1900, 2nd Wed.	VA, VIRGINIA BEACH
123	Timothy B Propst	Wendell Shelton	(828) 437-9119		100 Woodcliff Dr, Morganton, NC 28655-8005	Contact President: (828) 438-5021	1800, 3rd Thurs.	NC, MORGANTON
141	Dwight E. Bowman	W. G. Butler	(252) 514-9827	cjbutler@suddenlink.net	902 Swallow Ct, New Bern, NC 28560-7238	508 E. Main, Havelock, NC	1800, 2nd Tues.	NC, HAVELOCK
166	Thomas A Cecil	Ray E Santee	(757) 431-0262	rsantee@cox.net	3212 Lakecrest Rd, Virginia Bch, VA 23452-4910	VFW Post 392, 2408 Bowland Parkway, Virginia Beach, VA	1900, 3rd Mon.	VA, VIRGINIA BEACH
172	Ira P. Millen	William L Howell	(757) 234-0250	bilInjoyce@verizon.net	400 Old York Hampton Hwy, Yorktown, VA 23692-4819	400 Old York-Hampton Highway, Grafton, VA	1900, 2nd Mon.	VA, YORKTOWN
181	Edward J. Dockery	Chris Slawinski	(703) 354-3988	cslawinski@toast.net	4608 John Hancock Ct Apt 202, Annandale, VA 22003	AmLeg Post 139, 3445 N. Washington Blvd, Arlington, VA	1800, 1st Thurs.	VA, ARLINGTON
182	Donald Keith Kaider	Paul R Gunther	(240) 338-0929	PaulG48104@aol.com	12867 Sage Ter, Germantown, MD 20874-2050	AmLeg Post 86, 2013 Viers Mill Road, Rockville, MD	1930, 3rd Wed.	MD, BETHESDA
204	William C. Stevenson	John L Zavadil	(252) 446-7816	lzavadil@embarqmail.com	224 Foxhall Dr, Rocky Mount, NC 27804-8817	NC Hibachi Grill, 600 N. Berkley Blvd., Goldsboro, NC	1930, 4th Tues.	NC, ROCKY MOUNT
207	Abe Zino	Jeffrey A. Gilmartin	(540) 659-5930	Branch207@aol.com	1 Knollside Ct, Stafford, VA 22554-7879	VFW Post 1503, 14631 Minnieville Road, Dale City, VA	1000, 2nd Sat.	VA, DALE CITY
208	Raymond L Applewhite	Joseph R. Reichler	(910) 526-2021	randy.reichler@usmc.mil	708 Gardenview Dr, Jacksonville, NC 28540-3816	Moose Lodge, 135 Moose Haven Rd., Jacksonville, NC	1800, 2nd Tues.	NC, JACKSONVILLE
212	Danny R Fischio	Ronald P. Van Camp	(410) 768-4964		110 Ferndale Ave, Glen Burnie, MD 21061-2663	VFW Post 160, 2597 Dorsey Road, Glen Burnie, MD	1000, 2nd Sat.	MD, MEADE
217	Clarence E. West, Jr.	Marvin C Yow	(336) 766-6420	mcyow1@bellsouth.net	PO Box 69, Lewisville, NC 27023-0069	AmLeg Post 55, 111 Miller Street, Winston Salem, NC	1900, 3rd Tues.	NC, WINSTON-SALEM
219	John D Herber	Brooks M McCormick	(804)266-1446	mccormick2011@comcast.net	8409 Franconia Rd, Richmond, VA 23227-1210	Central Baptist Church, 1510 Courthouse Rd., Richmond, VA	1400, 3rd Wed.	VA, RICHMOND
257	Lorenzo T Harvey	Arthur L Manley	(757) 403-1299	arthur.manley@yahoo.com	908 Sir Lancelot Dr, Chesapeake, VA 23323-2528	DAV Chapter 27, 3019 Portsmouth Blvd, Portsmouth, VA	1400, 4th Sat.	VA, PORTSMOUTH
259	Leonard R Galloway	Jimmie R. Wright	(910) 904-0884	jrhhr07@gmail.com	178 Canter Dr, Raeford, NC 28376-8020	RMA Building, 120 Elizabethtown Road, Fayetteville, NC	1900, 4th Tues.	NC, FAYETTEVILLE
293	James A Grumbles	Darrell F McKinley, Jr.	(252) 338-3061	darrellmckinley@gmail.com	PO Box 1753, Elizabeth City, NC 27906-1753	CPOA Bldg., 514 Cardwell St., Elizabeth City, NC	1900, 1st Thurs.	NC, ELIZABETH CITY
299	Harry E Whitted	Joy Walker	(910) 442-9803	walkerskc@gmail.com	729 Silver Lake Rd, Wilmington, NC 28412-7713	VFW Post 2573, 2722 Carolina Bch Rd, Wilmington, NC	0900, 3rd Sat.	NC, WILMINGTON
301	William R Brock	Jerry Robert Leatherwood (252) 524-4021	od(252) 524-4021	jerrylwood@embarqmail.com	PO Box 30922, Greenville, NC 27834-0922	VFW Post 7032, 1108 Mumford Rd., Greenville, NC	1900, 1st Mon.	NC, GREENVILLE
309	James M Jackson	Ronald B Littlejohn	(302) 798-8481	Rbi197@aol.com	200 Commonwealth Ave, Claymont, DE 19703-2016	Del. Military Academy, 112 Middleboro Rd., Wilmington, DE	1400, 2nd Thurs.	DE, NEWARK
361	Andrew W. Boyko	N Ray Adams	(828) 926-4555	judynray@mac.com	245 Panoramic Loop, Maggie Valley, NC 28751-9311	Fire & Rescue Station, 49 E. Fanning Bridge Rd., Fletcher, NC	1430, 3rd Sat.	NC, ASHEVILLE
369	Charles J Pennington	Richard V Clites	(301) 463-3180	fra_branch369@yahoo.com	PO Box 124, Lonaconing, MD 21539-0124	6 Commander Ct., Cumberland, MD	1900, 3rd Tues.	MD, CUMBERLAND

FRA offers a Short Term Recovery Insurance plan as a valuable member benefit. The FRA-endorsed RecoveryCare Plan pays daily cash benefits, in addition to the insurance you already have. Benefit amounts at affordable group rates. Call 1-800-424-1120 for more details, including costs, exclusions and limitations, reduction of benefits, and terms of coverage.

NORTH CENTRAL REGION

Regional Vice President: Rick L. Wangen, 7306 Sunshine Ln, Bismarck, ND 58503-9134, H: (701) 527-6330, undeniablyrick@aol.com Regional President: John W Partin, II, PO Box 8594, Saint Louis, MO 63126-0594, H: (314) 842-0982, partin@charter.net

9	President	Secretary	Telephone #	E-mail Address	Mailing Address	Meeting Place	Time & Date	Location
012	Dennis J Kotarba	Eugene L. Gillette	(708) 343-3366	brooklynItd@att.net	101 N 23rd Ave, Melrose Park, IL 60160-3655	JC George's Rest., 181 Countryside Plaza, Countryside, IL	1400, 3rd Sat.	IL, CHICAGO
014	Marcia L Cunningham	Sebastian Riccobono	(414) 852-2103	sriccobono@sbcglobal.net	PO Box 370575, Milwaukee, WI 53237-1675	Brass Key Restaurant, 4952 W. Forest Home Ave., Milwaukee, WI	1000, Last Sat.	WI, MILWAUKEE
017	Edward Michael Blind	Dorothy M Burnison	(440) 845-4194	dottie_burnison@sbcglobal.net	7407 Arden Ave, Parma, OH 44129-2501	Brooklyn Polish American Home, 4737 Pearl Rd., Cleveland, OH	1930, 4th Mon.	OH, CLEVELAND
027	Dale P Kaiser	Stanley J Maciag	(586) 569-9136	stanleymaciag@att.net	45185 Fox Ln W Apt 101, Shelby Twp, MI 48317-5040	USCG Base, 110 Mt. Elliott Avenue, Detroit, MI	1400, 4th Sun.	MI, DETROIT
028	James H Kern	John J Bekemeier	(513) 868-1509	john_45011@yahoo.com	1965 Cathedral Ln, Hamilton, OH 45013-5169	VFW Post 4369, 3318 E. Sharon Road, Sharonville, OH	1930, 2nd Tues.	OH, CINCINNATI
032	Carlton J King	Estil D Turner	(660) 886-0352	navyjo20@windjammercable.net	1683 S Lincoln Ave, Marshall, MO 65340-3425	VFW Post 2591, 121 S. Ohio, Sedalia, MO	1830, 4th Tues.	MO, SEDALIA
053	Robert E Campbell	Wayne Carle, Sr.	(224) 788-8054	wcarlesr@yahoo.com	PO Box 7859, Gurnee, IL 60031-7005	AmLeg Post 771, Grand & Milwaukee Avenues, Gumee, IL	1900, 3rd Tues.	IL, GREAT LAKES
054	Brenda K. Pool	William R Sallis	(918) 389-4638	sallisw@dishmail.net	12332 W US Highway 270, McAlester, OK 74501-5560	VFW Post 1098, 17th & Morris, McAlester, OK	1300, 1st Sun.	OK, MCALESTER
105	Harold T Phillips	Louis F Drawdy	(270) 684-7501	ldrawdy@roadrunner.com	4100 Kipling Dr, Owensboro, KY 42303-7220	AmLeg Post 9, 118 West Veterans Blvd, Owensboro, KY	1730, 2nd Wed.	KY, OWENSBORO
130	Harry N Powell	Charles P Cleveland	(317) 834-2051	ccleve1062@aol.com	12075 Callie Dr, Mooresville, IN 46158-8454	VFW Post 5864, 333 S. Washington Street, Greenwood, IN	1800, 1st Mon.	IN, INDIANAPOLIS
136	Thomas J Dooley	Gary P Miller	(651) 436-5915	FRA136@q.com	15077 8th St N, Stillwater, MN 55082-1801	VFW Post 494, 5222 Bass Lake Rd., Crystal, MN	1000, 2nd Thurs.	MN, MINNEAPOLIS
145	Robert Eugene Shaw	Jerry L. Lippincott	(954) 830-5055	lippincott@gmail.com	1544 S 58th St, Lincoln, NE 68506-1407	DAV Club, 3901 N. 70th Street, Lincoln, NE	2000, 3rd Thurs.	NE, LINCOLN
160	Adolph Fred Bailey, Jr.	Truck Earl Morning	(918) 681-4959	frabranch160@yahoo.com	4600 Oklahoma St, Muskogee, OK 74401-1563	USS Batfish Memorial Park, 3500 Bat Fish Dr., Muskogee, OK	1000, 2nd Sat.	OK, MUSKOGEE
161	David L Combs	Jerome P Lickteig	(816) 699-2786	j.lickteig@sbcglobal.net	6604 Sterling Ave, Raytown, MO 64133-5451	The Pearl, 13137 Wornall Road, Kansas City, MO	1930, 1st Wed.	KS, KANSAS CITY
177	Rayburn Jarred, Jr.	Richard W Oller	(502) 937-3329	ro3804@insightbb.com	3804 Sedalia Trl, Louisville, KY 40272-2938	Navy Operational Sup. Ctr., 5401 Southside Dr., Louisville, KY	1030, 2nd Sat.	KY, LOUISVILLE
206	Dawayne Capps	William L Wagoner	(270) 792-1221	dk1ret@insightbb.com	2123 Robin Rd, Bowling Green, KY 42101-3654	Contact Secretary	1830, 2nd Tues.	KY, BOWLING GREEN
216	Marvin Schlichte	Shirley Niedermann	(319) 899-9131	sniedermann@fmtcs.com	601 Maplewood Dr, Center Point, IA 52213-9439	Saint Wenceslaus, 1224 5th St. SE, Cedar Rapids, IA	1800, 4th Thurs.	IA, CEDAR RAPIDS
221	Lawrence H Zillion	Jerry L. Peterson	(309) 359-9460	marepete@frontier.com	606 Golden Ct, Mackinaw, IL 61755-7645	Navy Club of Peoria #34, 1310 Seiberling, Peoria Heights, IL	1400, 3rd Sat.	IL, PEORIA
223	Timothy A King	Danny G Poole	(270) 876-7259	djpoole@brtc.net	2129 Hinkleville Rd, La Center, KY 42056-9744	AmLeg Post 31, Legion Drive, Paducah, KY	1800, 3rd Tues.	KY, BENTON
238	Paul F Annechiarco	Gerald M Place, Sr.	(715) 423-3689	ki7al@yahoo.com	511 Ruby Ave, Wisc Rapids, WI 54494-7810	Plover Village Municipal Bldg., 2400 Post Rd., Plover, Wl	1300, 2nd Sat.	WI, PLOVER
241	Mason F Braman	Robert G Hall	(316) 788-4549	fra241@cox.net	1725 E Pine Grove Ct, Derby, KS 67037-3950	Good Shepherd Church, 1451 E. 47th St, S. Wichita, KS	1900, 3rd Thurs.	KS, WICHITA
242	Donald C Devore	William T Craig, Jr.	(563) 322-7808	wtsecraig@aol.com	2317 E Pleasant St, Davenport, IA 52803-2325	Denny's Restaurant, 2601 52nd Ave., Moline, IL	1000, 1st Sat.	IA, DAVENPORT
267	Gerald A Piva	James B Taylor	(618) 931-4504	taylor.jamesb@sbcglobal.net	109 Cynthia Ln, Granite City, IL 62040-2802	VFW Post 2866, 66 VFW Lane, St. Charles, MO	1400, 1st Sat.	MO, ST LOUIS
268	Jesse L Whitney	Susan Hammond	(405) 210-1405	s.hammond@sbcglobal.net	2249 NW 52nd St, Oklahoma City, OK 73112-8053	8635 SE 15th St., Midwest City, OK	1900, 3rd Tues.	OK, OKLAHOMA CITY
273	Jeremy Gleason	Anthony M. Doll	(701) 306-6827	tonydoll@gmail.com	1305 14th St N, Moorhead, MN 56560-1648	Contact Secretary	Contact Secretary	ND, FARGO
276	Carl P Bumham	Darrel Willoughby	(402) 658-6631	mensaboy@gmail.com	1915 S 44th St Apt 216, Omaha, NE 68105-2837	40 & 8 Club, 70th & Spring Street, Omaha, NE	1930, 1st Thurs.	NE, OMAHA
280	Joe D Cantrell	Jack A Rice	(918) 836-3239	jrnavy1@hotmail.com	5766 E 27th PI, Tulsa, OK 74114-5112	AmLeg Post 308., 113298 E. Admiral Place, Tulsa, OK	1100, 3rd Sat.	OK, TULSA
283	Charles E. Clark	James Hammond	(859) 341-1934	jimhcpo@aol.com	1007 Stevenson Rd, Erlanger, KY 41018-2522	VFW Post 6423, 4435 Dixie Hwy., Elsmere, KY	1900, 3rd Tues.	KY, ELSMERE
284	Charles Meade	Robert E Meade, Jr.	(859) 296-8130	bobmeade@windstream.net	2056 Huckleberry Cir, Lexington, KY 40514-1318	Golden Corral, 185 E. New Circle Rd., Lexington, KY	1900, 3rd Thurs.	KY, LEXINGTON
298	Rosemary Posekany	Marty J Posekany	(616) 225-9264	posekany@chartermi.net	10930 Wildlife Dr, Greenville, MI 48838-8182	Grand Valley NCO Club, 1200 44th St, SW, Wyoming, MI	1900, 4th Fri.	MI, GRAND RAPIDS
300	William L Shankster, Jr.	Charles A Lineback	(641) 895-0893	calemcm@gmail.com	310 Main St, Udell, IA 52593-9707	Ottumwa AmLeg Home, 550 W. Main St, Ottumwa, IA	1330, 2nd Wed.	IA, OTTUMWA
315	Jimmie P Ridenour	Charles M Head	(479) 636-0456	janmil1957@sbcglobal.net	904 E New Hope Rd, Rogers, AR 72758-0525	Ryans Family Steakhouse, 510 Rangeline, Joplin, MO	1300, 3rd Thurs.	MO, JOPLIN
316	Nolan R. Moody	Charles B Ewy	(417) 887-3115	cmewy@sbcglobal.net	4028 S Kentwood Ave, Springfield, MO 65804-6517	VFW Post 3404, 1136 E. Atlantic, Springfield, MO	1800, 4th Thurs.	MO, SPRINGFIELD
319	Richard D Bland	William K Reed	(419) 756-6147		1740 Devonshire Ln, Mansfield, OH 44907-2904	Veterans Building, 34 Park Ave, W, Mansfield, OH	1900, 2nd Wed.	OH, MANSFIELD
324	Joseph A Prusacik	James J. Nash	(330) 588-9071	jjnash@hotmail.com	2203 Baldwin Ave NE, Canton, OH 44705-4023	VFW Post 3747, 1935 Avalon Ave NE, Canton, OH	1500, 3rd Tues.	OH, AKRON
327	James D Shope	Ronald C Gray	(937) 294-4255	fra_br327@att.net	3101 Delaney St, Dayton, OH 45420-1105	VFW Post 8312, 2389 Dayton-Xenia Rd, Beavercreek, OH	1530, 3rd Mon.	OH, DAYTON
348	Robert A Tillman	William N. Smith	(574) 847-7044	sdbilly420@hotmail.com	1027 Elm St, Rochester, IN 46975-1809	VFW Post 857, 2202 W. Main Street, Ft. Wayne, IN	1830, 3rd Wed.	IN, FT WAYNE
358	William B Kubik	Gregory E Hausler	(989) 362-5809	gregory_hausler@yahoo.com	293 Oates Rd, Tawas City, MI 48763-9516	VFW Post 5678, Tawas City, MI	1430, 3rd Sat.	MI, OSCODA
364	David E Herndon	Robert E Simpson	(417) 967-3535	nockel@gotrain.org	PO Box 74, Houston, MO 65483-0074	Houston Housing Authority, Chestnut Ave., Houston, MO	1430, 4th Sun.	MO, HOUSTON
365	John R Voyles	Gerald A Davis	(812) 491-6874		5000 Warren Dr, Evansville, IN 47710-3906	Leisure Living Apt Club House, 2518 Leisure Ln, Evansville, IN	1800, 2nd Thurs.	IN, EVANSVILLE
376	Cecil E Pittack	John P Trigleth	(608) 643-6252	pama824@aol.com	S7559 US Highway 12 Lot N-13, North Freedom, WI 53951	VFW Post 1707, 215 Collins St., Portage, WI	1000, Last Sat.	WI, MADISON
377	Leonard J Rostek	Donald C Smock	(812) 232-4971		931 Maple Ave, Terre Haute, IN 47804-2836	Contact Secretary	0800, 1st Thurs.	IN, TERRE HAUTE
379	Kevin D Flippin	Barry M White	(816) 646-2304	olcrandall@ponyexpress.net	2128 S 11th St, Saint Joseph, MO 64503-2720	AmLeg Post 6760, 306 Cherokee Street, St. Joseph, MO	1900, 2nd Tues.	MO, ST JOSEPH

Join your fellow FRA Shipmates and find out what the FRA-endorsed Insurance Programs can do for you. Call 1-800-424-1120 or visit frainsure.com to learn about the variety of plans available, including costs, exclusions and limitations, reduction of benefits, and terms of coverage.

NORTH EAST REGION

Regional President: David Munday, III, 43A Molly Pitcher Blvd, Whiting, NJ 08759-1561, H: (732) 350-6403, davenavner@comcast.net Regional Vice President: James E Brown, 925 Carlton Blvd, Staten Island, NY 10312-3338, H: (718) 356-5997, isorisjim@msn.com

	No. President	Secretary	Telephone #	E-mail Address	Mailing Address	Meeting Place	Time & Date	Location
001	Charles E Rainey, Sr.	Raymond Suarez	(267) 872-2960	firstfred19482000@yahoo.com	66 Sewell St Apt C, Glassboro, NJ 08028-2469	USCG Sector Delaware Bay, 1 Washington Ave., Philadelphia, PA	1300, 1st Mon.	PA, PHILADELPHIA
013	Robert J Campbell	Robert M Burness	(609) 646-8650		208 Ridgewood Dr, Northfield, NJ 08225-1721	AmLeg Post 295, 232 Mill Rd., Northfield, NJ	1000, 3rd Tues.	NJ, ATLANTIC CITY
023	David R LaGraves	Richard K Hadley	(716) 634-9723	Irock372@juno.com	1298 Cleveland Dr, Cheektowaga, NY 14225-1808	AmLeg Post 735, 35 Legion Drive, West Seneca, NY	1930, 3rd Wed.	NY, BUFFALO
057	Charles R Baltozer	Mary M Rauch	(856) 468-6569	mmrauch@comcast.net	842 Saint Regis Ct, West Deptford, NJ 08051-2049	Marine Corps League, 334 Harvey Ave., Wenonah, NJ	1900, 3rd Wed.	NJ, SOUTH JERSEY
071	Anthony E Merolle	Michael Drozd	(631) 727-3017		12 Birch Ct, Riverhead, NY 11901-3414	Contact Secretary	Contact Secretary	NY, RIVERHEAD
087	Harry A Smith	Gary W Simmons	(814) 224-5571		2009 Frosty Hollow Rd, Roaring Spg, PA 16673-9318	Contact Secretary	1930, 3rd Thurs.	PA, BEDFORD
106	Albert K Engle	George J McDonell	(717) 728-5460	gmcdonell@comcast.net	3926 Brookridge Dr, Mechanicsburg, PA 17050-2103	5006 E. Trindle Rd., Ste. 103, Mechanicsburg, PA	1900, 2nd Mon.	PA, HARRISBURG
115	Paul E Geissinger, Jr.	Donald G Bear	(610) 758-8280	usnbear@me.com	4646 Cheryl Dr, Bethlehem, PA 18017-8706	City View Diner, 1831 MacArthur Rd., Whitehall, PA	0830, 2nd Tues.	PA, LEHIGH VALLEY
124	William R Anthony	Sharon A Munday	732-350-6403	samnj124@comcast.net	43A Molly Pitcher Blvd, Whiting, NJ 08759-1561	Branch Home, 204 Union Avenue, Lakehurst, NJ	1900, 2nd Wed.	NJ, LAKEHURST
146	David E Carver	William J Severns	(215) 348-8328	Sitoaskc97@aol.com	213 W Sandy Ridge Rd, Doylestown, PA 18901-2023	VFW 6493, 645 Louis Dr., Warminster, PA	1930, 2nd Tues.	PA, JOHNSVILLE
214	Daniel P Miller	Floyd G Hunt	(518) 465-9458	fnhunt876@gmail.com	29 Sherwood Ave, Rensselaer, NY 12144-3318	MCL, Bernard St. Ext. 81 Rotterdam Pk, Rotterdam, NY	1900, 2nd Tues.	NY, SCHENECTADY
226	James E Brown	Louis M Bunch	(718) 273-2342	rbunch@aol.com	50 Sharpe Ave, Staten Island, NY 10302-1234	46 Ontario Ave., Staten Island, NY	1930, 2nd Wed.	NY, STATEN ISLAND
229	Robert M. Ibe	Norman M Sivertsen, Jr. (845) 778-5181	r. (845) 778-5181		6 Johnson Rd, Montgomery, NY 12549-2200	AmLeg Post 1796, 29 Walnut St., New Windsor, NY	1830, 3rd Tues.	NY, NEWBURGH
253	William J Habrat	James R Smith	(724) 437-5218	veteransmith@yahoo.com	145 Old Furnace Rd, Hopwood, PA 15445-2027	Brentwood VFW 1810, 3801 Clairton Blvd, Pittsburgh, PA	1400, 3rd Sat.	PA, PITTSBURGH
258	Raymond Barber	John E Harriger	(814) 825-9336	jusnret@roadrunner.com	1225 Belleview Dr, Erie, PA 16504-2713	AmLeg Post 11, 2123 Peach St., Erie, PA	1900, 2nd Tues.	PA, ERIE
285	Lynn E Swetland	Michael F Marko	(315) 463-0023	mmarko4@twcny.rr.com	1012 Kinne St, East Syracuse, NY 13057-1733	Pastimes Athletic Club, 1314 N. Salina Street, Syracuse, NY	1900, 3rd Thurs.	NY, SYRACUSE
288	Francis D Tyson	Donato Nicolais	(540) 344-3324		3605 Springer St, Scranton, PA 18507-1739	VFW Post 1227, 492 Stephenson Street, Duryea, PA	1900, 3rd Tues.	PA, WILKES BARRE

NEW ENGLAND REGION

Regional President: Paul F Loveless, Jr., 36 Williams Dr, Topsham, ME 04086-1708, H: (207) 725-0946, Paul.Loveless@comcast.net Regional Vice President: Roland E Miller, 172 Searles Rd, Nashua, NH 03062-3016, H: (603) 888-1240, sub242@comcast.net

No.	President	Secretary	Telephone #	E-mail Address	Mailing Address	Meeting Place	Time & Date	Location
000	Richard E Hamilton	Robert A Pomella	(207) 439-0996	pomcar@aol.com	4 Sea Oaks Ln, Kittery Point, ME 03905-5225	Contact President: (207) 748-0080	1300, 3rd Thurs.	NH, PORTSMOUTH
020	Herbert G Horne, Jr.	George P Hyland	(860) 445-7361	hylandsfunhouse@aol.com	242 Thames St, Groton, CT 06340-3916	Branch Home, 242 Thames Street, Groton, CT	1900, 3rd Thurs.	CT, GROTON
031	Alfred R Prudhomme	Donna M Jansky	(978) 531-9286	janskyd@comcast.net	9 Basford Ct, Peabody, MA 01960-5301	VFW Post 1011, 20 Stevens Street, Peabody, MA	1930, 3rd Wed.	MA, PEABODY
042	Kenneth A Senker	Philip A Justin	(401) 475-6028	pajusnret@verizon.net	4 Preserved Arnold Ct, Lincoln, RI 02865-2505	Seabee Museum and Memorial Park, Davisville, RI	1900, 3rd Tues.	RI, QUONSET POINT
990	Robert J Gallagher	Robert E King	(781) 396-4859	RKing995@aol.com	58 Harvard St, Medford, MA 02155-6208	USS Constitution Inn, 150 Third Ave., Charlestown, MA	1300, 3rd Sun.	MA, S WEYMOUTH
072	Edward T.W. Bailey, Sr.	Allen R Given	(508) 646-7130	argiven39@aol.com	128 McGowan St, Fall River, MA 02723-2928	755 Pine Street, Fall River, MA	1400, 1st Wed.	MA, FALL RIVER
132	Robert L Balthazard	James F Hollis	(401) 333-2928	jhollis9@cox.net	18 Lemieux Ave, Cumberland, RI 02864-5514	VFW Post 306, 171 Fountain Street, Pawtucket, RI	1900, 1st Mon.	RI, PAWTUCKET
156	Read E Rich	Paul F Loveless, Jr.	(207) 725-0946	Paul.Loveless@comcast.net	PO Box 591, Brunswick, ME 04011-0591	AmLeg Post 202, Foreside Road, Topsham, ME	1330, 2nd Thurs.	ME, BRUNSWICK
246	Daniel F Bonyeau	John W Gannon	(413) 568-8174	jgan42@comcast.net	9 Darwin Dr, Westfield, MA 01085-3401	Holyoke Soldiers Home, 110 Cherry St., Holyoke, MA	1300, 3rd Sat.	MA, SPRINGFIELD
338	Earl A Dwire	John C Kotheimer	(603) 434-3213	kotheimer1@myfairpoint.net	66 N Shore Rd, Derry, NH 03038-5115	VFW Post 5791, 15 Bockes Road, Hudson, NH	1900, 3rd Mon.	NH, NASHUA
344	Donald L Parker	William Glen Maners	(207) 799-3595	GleSan@live.com	551 Sawyer St, S Portland, ME 04106-4846	Contact Secretary		ME, PORTLAND

Planning any trips or vacations? Sign-up for Trip Cancellation and Interruption Insurance to protect the financial investment of your trip with up to \$100,000 of coverage for trip cancellation, trip interruption, trip delay, baggage and personal effects loss and many other valuable benefits! Visit www.frainsure.com to learn more.

NORTH WEST REGION

Regional President: Margret A Burke, 14707 N Farragut Ln, Mead, WA 99021-9286, H: (509) 315-8818, peg_burke@comcast.net Regional Vice President: Daniel E Holloway, 2544 W Sheryl St, Meridian, ID 83642-4313, H: 208-888-1196, deholloway@q.com

₽.	President	Secretary	Telephone #	E-mail Address	Mailing Address	Meeting Place	Time & Date	Location
018	Thomas A. Ekman	Stephen R Malroy	(206) 364-4656	seattle.fra.branch.unit18@frontier.com	1803 NE 171st St, Shoreline, WA 98155-6024	Br. Home, 23003 56th Ave., W., Mountlake Terrace, WA	1300, 2nd Sat.	WA, SEATTLE
029	Michelle E Hodges	Kenneth C. Nail	(360)620-4344	frabranch29@comcast.net	521 S National Ave, Bremerton, WA 98312-3682	521 National Avenue S, Bremerton, WA	1800, 2nd Tues.	WA, BREMERTON
980	Jose M Panganiban	Edilberto B Santos, Jr.			962 Interior 3, Sampaguita St., Dalahican, Cavite City, 4100	Bahay Kubo, 688 A Del Rosario St., San Roque, Cavite City, Pl	0930, 2nd Sat.	PI, CAVITE CITY
038	Robert S Bean, Sr.	Margret A Burke	(509) 315-8818	peg_burke@comcast.net	14707 N Farragut Ln, Mead, WA 99021-9286	Contact Secretary	1200, 4th Sat.	WA, SPOKANE
046	Gary L Johnson	John D Ippert	(808) 623-3521	mcpojdi@hawaii.rr.com	891 Valkenburgh St, Honolulu, HI 96818-4400	Branch Home, 891 Valkenburgh Street, Honolulu, HI	1700, 2nd Wed.	HI, HONOLULU
055	Roger R Harr	L P. Kelley	(503) 667-7835	portlandbr55@fra-nwregion.org	8329 SE 89th Ave, Portland, OR 97266-6536	AmLeg Post 150, 8329 SE 89th Avenue, Portland, OR		OR, PORTLAND
029	Richard R. Clowdus	James W Marshall	(307) 637-6617	jcmarshall44@msn.com	303 Star Valley Dr, Cheyenne, WY 82009-8554	VFW Post 1881, 2816 E. 7th St., Cheyenne, WY	1830, 1st Thurs.	WY, CHEYENNE
063	John C. Currin	Gordon R McGregor	(208) 305-5243	gordonmc@clearwire.net	1239 Chestnut St Apt 4, Clarkston, WA 99403-2584	VFW Hall, 1104 Warner Avenue, Lewiston, ID	1900, 1st Mon.	ID, LEWISTON
064	Wilfredo S Saquibal	Wilfredo Q Napatang			PSC 517 Box RS, FPO, AP 96517-1000	RAO, Iloilo, Philippines.	1100, 2nd Fri.	PI, ILOILO CITY
890	Kenneth A Ishmael, Jr.	Nicholas E Peters	(541) 474-1535	nickbell@charter.net	2210 SW Webster Rd, Grants Pass, OR 97526-5946	Redwood Grange Hall, 1830 Redwood Ave., Grants Pass, OR	1730, 3rd Wed.	OR, GRANTS PASS
073	Harold D Kirk, Jr.	Scott D Duenas	(671) 637-5103	mayorduenas@yahoo.com	176 W Santa Barbara Ave, Dededo, GU 96929-5309	CO Conference Room, Naval Hospital, Agana Heights, Guam	1400, 4th Sun.	GUAM, AGANA
074	Azzie J Poteat	Francisco L Escudero			PSC 517 Box R-S, FPO, AP 96517-1000	TBR Hall, 21 Arthur Street, Olongapo, Philippines	1500, 2nd Sat.	PI, OLONGAPO CITY
083	Manuel Fune	Modesto M Fullecido			#9 Fajardo St San Pascual, San Narciso, Zambales, 2205	Branch Home, San Narciso, Zambales, Philippines	0900, 3rd Sat.	PI, SAN NARCISO
097	George Brown	Alex Nicole Bennett	(609) 827-4691	njsurf21@gmail.com	PO Box 797, Oak Harbor, WA 98277-0797	811 SE 8th Avenue, Oak Harbor, WA	1900, 3rd Thurs.	WA, WHIDBEY ISLAND
103	Jonathan P Hook	Mark C Shiflett	714 613 1776	mark@shiflett.com	PSC 473 Box 186, FPO, AP 96349-0100	FRA Honcho-1 Chome, Yokosuka, Japan	1800, 1st Wed.	JAPAN, YOKOSUKA
104	Mark W. Thompson	Marvin W Johnson	(253) 770-5935	mwjohn4@comcast.net	6206 82nd St E, Puyallup, WA 98371-5557	VFW Post 2224, 120 2nd St. N.E., Puyallup, WA	1900, 2nd Mon.	WA, PUYALLUP
111	Leonardo A. Valmorida, Jr.	(043) 772-0526	gracevalmorida@yahoo.com	ahoo.com	95 Pinagkurusan Alitagtag, Batangas, 4205	Contact Secretary	1000, 2nd Tues.	PI, BATANGAS
127	William T Solevin	Ely P Barachina	054-475-0260	branch127bicolregion@yahoo.com	PO Box 9276, Naga City, FL 4400	Br. Home, San Francisco, Nabua, Camarines Sur, PI	0930, Last Sat.	PI, BICOL NABUA
154	Isaac L Espiritu	Eduardo L. Narvaez, Sr.	074- 422-5635	eduardo_narvaez51@yahoo.com	PSC 517 Box RCB, FP0, AP 96517-1000	Golden Pine Hotel & Restaurant, Baguio City, Philippines	1100, 2nd Thurs.	PI, BAGUIO CITY
170	Margaret H. Bowman	(206) 349-7471		randmhb@comcast.net	6802 Beverly Blvd, Everett, WA 98203-5228	6802 Beverly Boulevard, Everett, WA	1700, 2nd Wed.	WA, EVERETT
171	Enrico Sopena Ortega	Cris Cristobal	(0920) 5924483	cristobal.cris@yahoo.com	009 Don Ramon St Teomora Vill1, San Pablo City, 4000	Ricardo's, Maharlika Hwy, Alaminos, Laguna, Pl	1000, 3rd Wed.	PI, SOUTHERN LUZON
174	Thomas W Flanik	Martin Arnold	(360) 460-7940	kc7equ@arrl.net	PO Box 3631, Sequim, WA 98382-5044	Mariners Cafe, 707 E. Washington St., Sequim, WA	1100, 1st Sat.	WA, SEQUIM
245	Theodore 0 Olson	Larry B. Johnson	(360) 389-0715	larryjohnson324@gmail.com	2457 Heather Dr, Ferndale, WA 98248-9277	Contact Secretary.	1130, 3rd Tues.	WA, BELLINGHAM
247	Rudolf P. Lomibao	Margit J. Querimit	00163750525	mjquerimit@hotmail.com	5 Quezon St Mangatarem, Pangasinan, 02413	Br. Home, Blue Bch Sub, Bonuan Gueset, Dagupan City, Pl	1000, 2nd Sun.	PI, DAGUPAN CITY
310	Bruce Floyd Graham	Thomas R. Boren	(360) 692-6895	subman96@q.com	11633 Old Frontier Rd NW, Silverdale, WA 98383-8884	Branch Home, 11281 Old Frontier Rd. NW, Silverdale, WA	1700, 1st Thurs.	WA, SILVERDALE
328	George H. Loghry	Dale Nelson	(541) 863-3144	seaweed@frontiernet.net	1201 N Old Pacific Hwy, Myrtle Creek, OR 97457	AmLeg, 406 S.E. Oak St., Roseburg, OR	1900, 2nd Thurs.	OR, ROSEBURG
342	Joseph R Wright	Frances Lopinsky	(907) 277-3188	peerfran@hotmail.com	245 W 22nd Ave, Anchorage, AK 99503-2007	Contact Secretary	1130, 3rd Tues.	AK, ANCHORAGE
363	Robert M Otteraaen	Ray Hegr	(360) 425-6981	amleg155@yahoo.com	PO Box 212, Longview, WA 98632-7130	VFW Post 1045, 4311 Ocean Beach Hwy, Longview, WA	1930, 2nd Fri.	WA, LONGVIEW
367	Thomas Mishenko	Scott M Simms	+63-939-506-8898		PSC 517 Box RS, FPO, AP 96517-1000	Branch Home, E. Dirita, San Antonio, Zambales, Pl	1100, 1st Fri.	PI, SAN MIGUEL
374	Kerry A Wymetalek	Robert B Johnston, Jr.	(503) 897-4926	johnston@wvi.com	PO Box 884, Mill City, OR 97360-0884	VFW Post 661, 630 Hood St. NE, Salem, OR	1600, 3rd Sat.	OR, SALEM
382	Robert E Keith	Keith W Cottrell	(208) 322-5553	kwcottrell@cableone.net	2513 S Gatewood Ln, Boise, ID 83709-8575	Branch Home, 1012 Eleventh Ave. N., Nampa, ID	1000, 2nd Sat.	ID, BOISE

FRA Shipmates can obtain up to \$150,000 in economical Term Life coverage and an additional \$1,000 Critical-Illness benefit thanks to the FRAendorsed Easy Acceptance Term Life Insurance Plan. For more information, including costs, exclusions and limitations, and terms of coverage, visit www.frainsure.com.

SOUTH CENTRAL REGION

Regional President: Robert A Holcomb, 12902 Lantana Trl, Buda, TX 78610-2860, H: (512) 295-3691, bholcomb7@austin.rr.com Regional Vice President: Russell N. Miller, 116 Stetson Trl, Georgetown, TX 78633-4769, H: 512-863-9692, milinscon@suddenlink.net

9	President	Secretary	Telephone #	E-mail Address	Mailing Address	Meeting Place	Time & Date	Location
011	Arthur R McAvoy	Michael H Bevill	(817) 991-2049	E-9Retired@charter.net	PO Box 515, Kennedale, TX 76060-0515	VFW Post 8235, 5533 White Settlement Rd., Ft. Worth, TX	1000, 3rd Sat.	TX, FORT WORTH
092	James L Fuentes	Bernard R Cleary	(504) 835-6347	raonola@hotmail.com	2030 N Tumbull Dr, Metairie, LA 70001-2653	St. Benilde School Cafeteria, 1901 Division St, Metairie, LA	1900, 3rd Thurs.	LA, NEW ORLEANS
094	Walter J Moore, Jr.	Donald Larson	(361) 776-3537	dla9397195@aol.com	2187 Capeheart St, Ingleside, TX 78362-6222	1651 Flour Bluff Dr., Corpus Christi, TX	1300, 4th Sat.	TX, CORPUS CHRISTI
860	Charles R Lester	Charles Frank Burkhardt, Jr. (318) 742-9847	(318) 742-9847	cburkusn@suddenlink.net	5405 Shasta Dr, Bossier City, LA 71112-4932	VFW Post 5951, 1315 Northgate Rd, Bossier City, LA	1900, 1st Thurs.	LA, SHREVEPORT
119	Leon Rachell	John H Scott	(318) 801-0262	jscott6@comcast.net	PO Box 4628, Monroe, LA 71211-4628	AmLeg Post 13, 401 Forsythe Avenue, Monroe, LA	1400, 3rd Thurs.	LA, WEST MONROE
159	Kernice M Landry	Leo V Vance	(713) 920-1558	snlvance@comcast.net	907 Palmetto Dr, Pasadena, TX 77506-3241	4810 Pine Avenue, Pasadena, TX	1400, 2nd Sun.	TX, HOUSTON
162	Coy L Gillenwater	David A Field	(504) 362-1278	dfield23x@yahoo.com	2711 Gehring Dr, Gretna, LA 70053-6707	Branch Home, 703 Kepler Street, Gretna, LA	1900, 3rd Fri.	LA, NEW ORLEANS
201	Richard A Waltman	Charley Randall, II	(361) 865-2832	charleyrandall@yahoo.com	P0 Box 723, Austin, TX 78767-0723	IHOP, 14310 North Interstate 35, Pflugerville, TX	1900, 2nd Sat.	TX, AUSTIN
203	Ronald S Boucher	Sebastian D Martinez	(210) 365-9832	sebastianmartinez7@netzero.net	PO Box 65, Von Ormy, TX 78073-0065	2002 W. Ridgewood Court, San Antonio, TX	1430, 4th Sun.	TX, SAN ANTONIO
222	Larry L Cole	Mark Dernovsek	(985) 639-8208	mark.fra222@gmail.com	2336 Sunset Blvd, Slidell, LA 70461-5606	AmLeg Post 374, 2233 Carey St., Slidell, LA	1900, 3rd Wed.	LA, SUDELL
227	Victor L Walker	John M Baker	(479) 636-3576	j_baker58@yahoo.com	1310 N D St, Rogers, AR 72756-2564	Western Sizzlin, 3492 West Sunset Ave., Springdale, AR	1430, 3rd Sun.	AR, SPRINGDALE
251	Cheryl A Hord	Curtis Grant	(870) 430-5760	CurtG@meowmail.com	473 County Road 511, Gassville, AR 72635-8116	AmLeg Post 52, 717 Market Street, Mountain Home, AR	1300, 3rd Sun.	AR, MT HOME
264	Richard L Nelson	Michelle E Spangler	(601) 479-8440	michellespangler@bellsouth.net	10415 Rabbit Rd Lot 69, Lauderdale, MS 39335-9613	Branch Home, 8874 Highway 39, N, Meridian, MS	1500, Last Sun.	MS, MERIDIAN
282	Allan D Wagner	Forest E Harrell	(501) 796-8270	feharrell@yahoo.com	9 Nannie Goat Ln, Vilonia, AR 72173-9420	American Legion Post 71, Cabot, AR	1400, 3rd Sun.	AR, LITTLE ROCK
295	Danny M Patridge	Terry D Cook	(325) 942-8036	tnmc99@suddenlink.net	3002 Canyon Creek Dr, San Angelo, TX 76904-6912	Elks Lodge, 2121 S. Chadbourne St., San Angelo, TX	1900, 2nd Mon.	TX, SAN ANGELO
303	Fred E Stith	Arthur D Ellison, Jr.	(903) 813-4924		P0 Box 2714, Sherman, TX 75091-2714	Grandy's, 3201 Texoma Pkwy., Sherman, TX	1430, 4th Sun.	TX, SHERMAN
307	Michael D. Oliver	Robert Rutherford	(228) 363 5561	bobfra376@yahoo.com	1800 Beach Dr Unit 198, Gulfport, MS 39507-1559	AFRH-Gulfport, 1800 Beach Dr., Gulfport, MS	1400, 2nd Thurs.	MS, GULFPORT
311	James D Zugg	Judith A Zugg	(228) 865-9908	JJJBZ@aol.com	220 Clower Ave, Long Beach, MS 39560-3304	VFW Post 3937, 213 Klondyke Ave, Long Beach, MS	1900, 2nd Tues.	MS, GULFPORT
334	James E Putman	Elvin B Woolston	(870) 741-5996		PO Box 177, Alpena, AR 72611-0177	Osage Museum, US Hwy 412 at CR 912, Carrollton, AR	1000, 1st Sat.	AR, OSAGE
371	James J Johnson	Leon R Perkins	(225) 273-3654	leeperkins@cox.net	17582 Martin Lake Dr, Baton Rouge, LA 70816-3621	VFW, 13214 S. Choctaw Dr., Baton Rouge, LA	1300, 4th Thurs.	LA, BATON ROUGE

Visit www.frainsure.com to learn more about exclusive insurance products offered only to FRA Shipmates including Life Insurance, TRICARE Supplements, Long Term Care and more. The site includes costs, exclusions and limitations, and terms of coverage.

SOUTH EAST REGION

Regional President: James E Robbins, Jr., 2712 Holly Ridge Dr, Orange Park, FL 32073-6515, H: (904) 269-2136, slgr@bellsouth.net Regional Vice President: Frederick A Hill, 424 Ashcroft Landing Dr, Jacksonville, FL 32225-3357, H: (904) 221-2160, break90@comcast.net

Ž	Precident	Corretary	Telenhone #	F-mail Address	Mailing Address	Meeting Place	Time & Date	location
015	Harvey E Spencer	Thomas E Smith	(864) 868-9397	frab15@att.net	118 Hidden Cv. Six Mile. SC 29682-9452	103 N. Church Street: Walhalla. SC	0900. 3rd Sat.	SC. WALHALLA
022	Robert F Hall, Jr.	John E Higgins	(850) 497-9076	johnedhiggins@bellsouth.net	4906 Vizcaya Dr, Pensacola, FL 32507-5900	AMVETS Post 292, 955 Dog Track Rd., Pensacola, FL	1900, 2nd Mon.	FL, PENSACOLA
025	Charles R. Hobbs, Sr.	Donald R Gray	(904) 797-2715	donaldrgray@bellsouth.net	112 Jupiter Rd, St Augustine, FL 32086-6720	Elks Lodge #829, 1420 A1A South, St. Augustine, FL	1900, 3rd Mon.	FL, ST AUGUSTINE
034	Robert T Weichelt	Robert A Langley	(850) 562-6985	langley@nettally.com	3632 Westmoreland Dr, Tallahassee, FL 32303-2028	N&MC Res. Ctr, 2910 Roberts Ave, Tallahassee, FL	1430, 2nd Thurs.	FL, TALLAHASSEE
044	Robert Houser	John W Davis	(931) 363-0852	jwdavis@usit.net	116 Richland Dr, Pulaski, TN 38478-2616	Sen Citizen, 1020 Maury Cnty Pk Dr, Columbia, TN	1300, 1st Thurs.	TN, COLUMBIA
020	Jesse J. Cumbee, Jr.	Lawrence David Coates	843-814-6118	frabranch50@aol.com	PO Box 70266, North Charleston, SC 29415-0266	AmLeg Post 166, 116 Howe Hall Road, Goose Creek, SC	1400, 2nd Sun.	SC, CHARLESTON
051	Samuel G Owens	William J O'Boyle	(954) 748-7596	billob29587@bellsouth.net	8601 NW 34th PI Apt A205, Sunrise, FL 33351-6698	657 Fisherman Street, Opa Locka, FL	1200, 3rd Sun.	FL, MIAMI
980	William J Maillet	Leonard W Simpson	(901) 873-1278	macwaynes@aol.com	PO Box 181, Millington, TN 38053-0181	VFW Post 7175, 4681 Cuba Millington Road, Millington, TN	1830, 3rd Mon.	TN, MILLINGTON
680	William H Chambers	Howard S Hayes	(678) 402-6356	howwow@hotmail.com	1091 Neva Dr SW, Marietta, GA 30060-6179	Delta Community Credit Union, 3250 Riverview Pkwy. S., Atlanta, GA 1000, 2nd Sat.	3A 1000, 2nd Sat.	GA, ATLANTA
160	James E Robbins, Jr.	Todd Richter	(904) 778-1565	fcfi@bellsouth.net	5391 Collins Rd, Jacksonville, FL 32244-5305	5391 Collins Road, Jacksonville, FL	1930, 2nd Tues.	FL, JACKSONVILLE
102	Robert J Powers	Charles Curtice	(727) 344-1217	charles_curtice_7@msn.com	3222 60th St N, St Petersburg, FL 33710-1726	Woodlawn Presbyterian Church, 2612 12th St. N., St. Petersburg, FL 1400, 3rd Sun.	.L 1400, 3rd Sun.	FL, ST PETERSBURG
109	David V Soderland	Ronald C Shane	(727) 392-0420	kc4usn@aol.com	8671 Rose Way, Seminole, FL 33772-3622	Police & Military Museum, 500 Douglas Ave, Dunedin, FL	1800, 2nd Thurs.	FL, CLEARWATER
110	Edward J Burns	Robert J Dentici, Sr.	(615) 292-0838	fra110@att.net	1512 Paris Ave, Nashville, TN 37212-5931	VFW Post 1291, 1907 Lebanon Pike, Nashville, TN	1400, 2nd Sun.	TN, NASHVILLE
112	Bobby J Findley	Juan A Bowden	(256) 245-2232	jabbow1@hotmail.com	PO Box 57, Sycamore, AL 35149-0057	Parkway East Rec. Ctr., 8920 Roebuck Blvd., Birmingham, AL	1630, Last Sat.	AL, BIRMINGHAM
117	Stephen J. Miglionico, Sr.	Louis V Gundy	(407) 339-1187	FRA117BR@A0L.COM	C/o Stephen J. Miglionico, Sr. 335 Plumwood Cir, Kissimmee, FL 34743	AmLeg Post 112, 4490 N. Goldenrod Rd., Winter Park, FL	0930, 3rd Sat.	FL, ORLANDO
118	John Panko	Patricia A Olden	(239) 898-0905	sailboatpat@yahoo.com	318 SE 3rd Ter, Cape Coral, FL 33990-1033	Elks Lodge, 4631 SE 10th Place, Cape Coral, FL	1200, 2nd Thurs.	FL, CAPE CORAL
126	James J Thomas	Donald F Walsh	(904) 282-4650	donwalsh@bellsouth.net	644 Branscomb Rd, Green Cv Spgs, FL 32043-5202	Branch Home, 7673 Blanding Boulevard, Jacksonville, FL	2030, 3rd Thurs.	FL, JACKSONVILLE
147	John S Handzuk	Charles H Winship, Jr.	(407) 971-4619	chickwinship@bellsouth.net	1565 Warrington St, Winter Spgs, FL 32708-6124	Branch Home, 3040 W. State Road 46, Sanford, FL	1900, 2nd Mon.	FL, SANFORD
179	Dennis D Nickerson	Raymond D Bembry	(386) 462-4549	gatorraybo@windstream.net	PO Box 7, Mc Alpin, FL 32062-0007	Branch Home, 19700 N.E. 22nd Lane, Campville, FL	1330, 1st Sun.	FL, GAINESVILLE
183	Howard W. MacMinn	Selma E. Carrow	(386) 328-6407	s_carrow@yahoo.com	PO Box 149, Interlachen, FL 32148-0149	Branch Home, 207 Commonwealth Ave., Interlachen, FL	1730, 3rd Wed.	FL, INTERLACHEN
184	William V McKnight	James R White	(478) 781-1864	rhetta64@cox.net	2865 Allen Rd, Macon, GA 31216-6309	Lanford Library, 6504 Houston Rd., Macon, GA	1300, 2nd Wed.	GA, WARNER ROBINS
186	Timothy E Donovan, Sr.	Robert W Huscher	(352) 344-0727	serfra@tampabay.rr.com	310 Vassar St, Inverness, FL 34452-6830	DAV Bldg., 1039 N. Paul, Inverness, FL	1500, 3rd Thurs.	FL, HERNANDO
187	Gerald Thomas Brice	Kent Walker	(423) 886-4516	htcwalker@yahoo.com	901 Kentucky Ave, Signal Mtn, TN 37377-2413	Naval & MC Res. Ctr., 4051 Amnicola Hwy., Chattanooga, TN	1400, 3rd Thurs.	TN, CHATTANOOGA
188	Roger E Mitchell	Victor C Lamontagne	(352) 567-9208	mavycwo4@aol.com	1902 N Gordon St, Plant City, FL 33563-2007	Golden Corral Rest., 815 Providence Rd., Brandon, FL	1130, 3rd Wed.	FL, TAMPA
194	David Z Cates	Joseph L Holloway	(865) 255-3389	ctr1usn@gmail.com	810 W Broadway St, Lenoir City, TN 37771-2720	Cokesbury UMC, 9919 Kingston Pike, Knoxville, TN	1400, 1st Sun.	TN, KNOXVILLE
202	James Turner, Jr.	Ronald E Hoadley, Jr.	(803) 482-4456	ronfra75@aol.com	59 Inlet Harbour Ct, Winnsboro, SC 29180-9122	Navy Operational Support Ctr, 2620 Lee Rd., Ft. Jackson, SC	1300, 3rd Tues.	SC, COLUMBIA
210	Ronald Williams	Robert W Hayes	(850) 463-8740	rocketrob8300@yahoo.com	6237 Glendale Dr, Milton, FL 32570-5420	6409 Fleet Avenue, Milton, FL	1830, 1st Wed.	FL, MILTON
215	Robert F Waterman, Jr.	Terry J Ellis	(912) 236-1941	tjellis51@comcast.net	2127 McLeod St, Savannah, GA 31405-2873	FOP Bldg, 1537 Grove Point Road, Savannah, GA	1900, 1st Thurs.	GA, SAVANNAH
234	Raymond O Phillips	William A. McGregor	(864) 369-7041	billmcgregor@charter.net	10 Pinson Dr, Honea Path, SC 29654-2236	4605 Belton Hwy., Anderson, SC	1900, 2nd Mon.	SC, ANDERSON
248	William S Huebner	Russell John Borchert	(912) 283-9847	russborchert@gmail.com	2952 Johnny Minchew Rd, Waycross, GA 31503-4207	VFW Post 8385, 150 N. Camden Woods Pkwy., Kingsland, GA	1830, 3rd Tues.	GA, CAMDEN COUNTY
250	Ernest C Robinson	Wayne D. Witham	(941) 727-3381	waynew63@aol.com	11621 4th Ave, Bradenton, FL 34212-1618	Sahib Shrine Temple, 600 N. Beneva Rd., Sarasota, FL	1200, 4th Wed.	FL, SARASOTA
254	Thomas F Feddon, Jr.	George R Kaye	(843) 504-9120	gkaye@sccoast.net	1913 Heritage Loop, Myrtle Beach, SC 29577-1586	Vets Cafe, 1144 Shine Ave., Myrtle Beach, SC	1330, 3rd Wed.	SC, MYRTLE BEACH
256	Lawrence H. Williams	Terry Shumway	(954) 571-7958	hbxpetn6@aol.com	1324 SE 1st Ave, Deerfield Bch, FL 33441-6764	AmLeg Post 142, 171 SW 2nd Street, Pompano Beach, FL	1900, 4th Fri.	FL, FT LAUDERDALE
263	Wesley I. Perry	Dean 0 Schaaf	(321) 452-0365	dschaaf@brevard.net	1310 Shady Ln, Merritt Is, FL 32952-6044	Brevard Veterans Ctr., 400 S. Sykes Creek Pky, Merritt Island, FL	1800, 1st Wed.	FL, C0C0A
569	Frederick Bolz	Darlene Kay Hines	(843) 824-2589	darlene.hines@comcast.net	137 Thousand Oaks Cir, Goose Creek, SC 29445-7094	Branch Home, 99 Wisteria Road, Goose Creek, SC	1900, 3rd Thurs.	SC, GOOSE CREEK
278	Kenneth R Reynolds	James E Sutton	(256) 650-5748	jshandyman@att.net	9719 Wallwood Dr SE, Huntsville, AL 35803-1763	Greenbrier BBQ, 15050 Hwy 20 W, Madison, AL	1200, 4th Sat.	AL, HUNTSVILLE
290	Richard B. Kiger, II	Dalton Ruth	(904) 607-5098	computerguydalton@yahoo.com	13230 Arbor Vitae Dr, Jacksonville, FL 32225-3186	Branch Home, 390 Mayport Road, Atlantic Beach, FL	1930, 1st Thurs.	FL, MAYPORT
291	Philip A Smereczniak	Edward R White	(727) 376-4126	ball79@verizon.net	3345 Van Nuys Loop, New Prt Rchy, FL 34655-3118	Contact Secretary	1300, 3rd Wed.	FL, NEW PORT RICHEY
292	William D Beeler	Edgar F Lanham, II	(239) 489-3339	edlanham@netzero.net	16920 Windcrest Dr, Fort Myers, FL 33908-3728	AmLeg Post 323, 1124 Ashlar Ave., Lehigh Acres, FL	1400, 4th Sun.	FL, LEHIGH ACRES
294	Jack M Fogel	James R. Hanzakos	(931) 277-3125	ipa55@citlink.net	848 Livingston Rd Ste 101 PMB 31, Crossville, TN 38555-6719	Senior Center, Highway 127, Crossville, TN	0900, 2nd Sat.	TN, CROSSVILLE
335	Robert G Beese	John D Heaphy	(386) 788-5382	johnheaphyalso@aol.com	916 Tall Pine Dr, Port Orange, FL 32127-4828	VFW Post 3282, 5810 S. Williamson Blvd., Port Orange, FL	1300, 4th Thurs.	FL, PORT ORANGE
339	Ron Lee Delaney	Frank O Richardson	(229) 888-5628	lynowen@bellsouth.net	1815 Philema Rd S, Albany, GA 31701-4711	VFW Post 2785, 315 Philema Road, Albany, GA	1800, 2nd Tues.	GA, ALBANY
346	Gary B Whites	Paul A. Cabell	(850) 625-0824	pac0853@yahoo.com	3717 E 5th St, Panama City, FL 32401-5519	Br. Home, 2117 Wilkinson Avenue, Panama City Beach, FL	1800, 1st Wed.	FL, PANAMA CITY BEACH
366	Robert J Bradley	Danal C Wiese	(321) 984-0701	zozer.wiese@gmail.com	2190 Wilson Ln, Malabar, FL 32950-3123	The Boat House, Palm Bay, FL	1830, 4th Wed.	FL, S BREVARD COUNTY
386	Kenneth D Teal, Sr.	Alex C McMahan	(334) 671-1881	alexchristine@graceba.net	304 Kirkwood Dr, Dothan, AL 36303-6802	VFW, 1426 Taylor Road, Dothan, AL	0930, 2nd Sat.	AL, DOTHAN

checkups, X-rays to uncover cavities, benefits for fillings, crowns, bridges, and more. Visit www.frainsure.com to learn more, including costs, exclusions The FRA-endorsed Group Dental Insurance Plan can help pay the bills whenever your family needs dental care including routine cleanings, preventive and limitations, reduction of benefits, and terms of coverage.

SOUTH WEST REGION

Regional President: Charles Baker, 2300 W Sahara Ave Ste 420, Las Vegas, NV 89102-4354, H. (702) 485-0974, frafvb90@msn.com Regional Vice President: Michael F Fulton, 330 Ebony Ave, Imperial Bch, CA 91932-2608, H. (619) 410-1660, mickfulton@adeptworks.net

N	President	Secretary	Telephone #	E-mail Address	Mailing Address	Meeting Place	Time & Date	Location
600	James C Eblen	Walter De Felice, Jr.	(619) 460-7184	warla@att.net	6302 Lake Athabaska Pl, San Diego, CA 92119-3527	The Brothers Restaurant, 5150 Waring Rd., San Diego, CA	1100, 3rd Thurs.	CA, SAN DIEGO
026	Walter Stabenow	John Lock	(661) 301-7994	jlock@co.kem.ca.us	6502 Summer Breeze Ln, Bakersfield, CA 93313-4437	Marine Corps Reserve Center, 4201 S. Chester Ave., Bakersfield, CA 1900, 4th Tues.	1900, 4th Tues.	CA, BAKERSFIELD
043	Tony S. Lam	Betty F Barham	(562) 436-6182		PO Box 20900, Long Beach, CA 90801-3900	540 Pine Avenue, Long Beach, CA	1900, 3rd Tues.	CA, LONG BEACH
047	Michael K Frontz	Charles F Tompkins	(619) 264-0829	cft1851@pacbell.net	4432 Jocelyn St, San Diego, CA 92105-5227	136 N. Chambers Street, El Cajon, CA	1900, 1st Wed.	CA, EL CAJON
190	John S. Adams	Stanley J Jasek	(619) 691-1423	frabr61@yahoo.com	288 3rd Ave, Chula Vista, CA 91910-2701	288 Third Avenue, Chula Vista, CA	1900, 2nd Wed.	CA, CHULA VISTA
062	Anderson Wigley, Jr.	John W. Polk	(619) 479-1353	johnpolk@rocketmail.com	7528 Dunwood Way, San Diego, CA 92114-7227	3638 Ocean View Boulevard, San Diego, CA	1500, 3rd Sat.	CA, SAN DIEGO
070	Louis P. Irvin	Raymond J Caston	(858) 842-1818	me-n-rc@cox.net	13053 Acton Ave, Poway, CA 92064-5901	14231 Garden Road, Poway, CA	1900, 1st Wed.	CA, POWAY
077	Robert E. Brown	Thomas A Heaney	(520) 648-0868	heaneygrnv@cox.net	661 W Calle Torres Blancas Apt 1104, Green Valley, AZ 85614	The Cow Palace Restaurant, Amado, AZ	1130, 2nd Tues.	AZ, GREEN VALLEY
084	Emmanuel Q Cabildo	Ernesto G Edraisa	(619) 662-0705	eedraisa@cox.net	1571 Falling Star Dr, Chula Vista, CA 91915-1809	FAVA Bldg, 2926 Market Street, San Diego, CA	1300, 2nd Sat.	CA, SAN DIEGO
085	John W Stewart, Jr.	Rogelio A Bacud	(909) 598-3736	Bregor4559@sbcglobal.net	867 Pinefalls Ave, Walnut, CA 91789-3132	209-211 E. Garvey Avenue, Monterey Park, CA	1400, 3rd Sun.	CA, SAN GABRIEL VLY
060	Gordon C Hewson		(702) 686-5627	ghewson@rocketmail.com	9813 Malmo Ave, Las Vegas, NV 89129-7928	AmLeg Post 8, 733 Veterans Dr., Las Vegas, NV	1400, 2nd Sat.	NV, CLARK COUNTY
120	Richard Hiser	Willis H Wolfe	(805) 485-5924	wolfe699@verizon.net	1300 Hibiscus St, Oxnard, CA 93036-2220	Branch Home, 154 E. 6th Street, Oxnard, CA	Contact Secretary	CA, OXNARD
163	Bryan D Ginter					AmLeg Post 107, 20001 North Cave Creek Rd., Phoenix, AZ	1100, 2nd Sat.	AZ, PHOENIX
175	James L Angeley	Olga W Hamerlinck	(714) 968-6507	winham01@msn.com	7661 Garden Grove Blvd, Garden Grove, CA 92841-4206	7661 Garden Grove Boulevard, Garden Grove, CA	1400, 3rd Sun.	CA, ORANGE COUNTY
260	Don Johnson	Michael A Reed	(928) 565-5811	mreedsr@frontiernet.net	916 S Emery Park Rd, Golden Valley, AZ 86413-6840	VFW 2555, Highway 68, Golden Valley, AZ	1300, 2nd Sat.	AZ, GOLDEN VALLEY
272	James Weldon Clem	Marilyn G Teeple	(805) 466-7184	missmamagail@yahoo.com	14102 San Antonio Rd, Atascadero, CA 93422-6326	Rec Bldg, 3395 S. Higuera St, San Luis Obispo, CA	1300, 2nd Sat.	CA, SAN LUIS OBISPO
289	Paul N. Hanson	William W Weatherford, II (619) 423-8099	(619) 423-8099	w4266@aol.com	PO Box 97, Imperial Beach, CA 91933-0097	659 Silver Strand Boulevard, Imperial Beach, CA	1700, 2nd Wed.	CA, IMPERIAL BEACH
302	Edgardo M Labao	Romeo Galeon	(310) 549-8482	romeogaleon@yahoo.com	23028 Archibald Ave, Carson, CA 90745-4717	Carson Vets Park, 22400 Moneta Ave., Carson, CA	1300, 1st Sun.	CA, CARSON
312	Richard R Spies	Robert W McQuaid		bobmcquaid@juno.com	4853 Mount Elbrus Dr, San Diego, CA 92117-3916	4421 Bannock Ave., San Diego, CA	1000, 1st Sat.	CA, SAN DIEGO
313	James T Jacobs	Daniel L Spalding, PNP	(760) 439-7817	danspal@cox.net	1450 Machado St, Oceanside, CA 92054-5442	Masonic Lodge, 511 Eucalyptus Avenue, Oceanside, CA	1200, 3rd Sat.	CA, CAMP PENDLETON

exam or medical records. Help protect your future, call 1-800-424-1120 for more information, including costs, exclusions and limitations, and terms of Did you know FRA endorses Senior Term Life Insurance? You can add up to \$25,000 in life insurance (up to \$10,000 if ages 65-74) without a physical coverage.

WEST COAST REGION

Regional President: Shane S Dunstan, 691 W 1580 N, Clinton, UT 84015-9523, H: (801) 645-0590, fra185pres@yahoo.com Regional Vice President: Peter J. McNamara, 2570 D St, Sparks, NV 89431-4132, H: (775) 331-2432, frabranch274@att.net

No.	President	Secretary	Telephone #	E-mail Address	Mailing Address	Meeting Place	Time & Date	Location
800	Abraham A. Wakin	Gary C Blackburn	(707) 554-4333	npfra@earthlink.net	443 Diana Dr, Vallejo, CA 94589-1644	Am Leg Post 550, 420 Admiral Callaghan Lane, Vallejo, CA	1900, 2nd Wed.	CA, VALLEJO
010	Tonia Maria Cantrell	Paul A Steelhammer	(925) 348-2985	PaulSteelhammer@navy.togetherweserved.com	216 Wellington Ave, Concord, CA 94520-1115	Veterans Memorial Bldg, 1105 Bancroft Ave., San Leandro, CA	1900, 1st Wed.	CA, SAN LEANDRO
021	Floyd E Taladay	Robert E Brown	(970) 587-2318	brown7273@yahoo.com	PO Box 613, Johnstown, CO 80534-0613	VFW Post 1781, 603 Lesser Drive, Ft. Collins, CO	1900, 2nd Tues.	CO, FORT COLLINS
048	Leandro V. Castro	Lindell C Clymer	(415) 935-6081	lindell334@yahoo.com	585 Monterey Blvd Apt 6, San Francisco, CA 94127-2419	401 Van Ness Avenue, San Francisco, CA	1100, 2nd Sat.	CA, SAN FRANCISCO
049	William L Hanzel	Julian R Dracon	(303) 795-5350	jiffy@q.com	6671 S Race Cir W, Centennial, CO 80121-2730	TREA #39, 15821 E. Centretech Circle, Aurora, CO	1200, 2nd Sat.	CO, DENVER
101	Joseph L Pava	Dale E Thompson	(408) 749-0468	secretarybr101@live.com	106 Lawrence Station Rd, Sunnyvale, CA 94086-5309	AmLeg Post 564, 2120 Walsh Ave, Santa Clara, CA	1900, 2nd Tues.	CA, SANTA CLARA
113	Richard M. Carpino	Frank M Reyes	(209) 465-5839	freyes9725@sbcglobal.net	2351 Christina Ave, Stockton, CA 95204-1503	AmLeg Post 16, 2020 Plymouth Rd., Stockton, CA	1800, 3rd Wed.	CA, STOCKTON
137	Hubert V Harris	Max L. Ravenscroft	(775) 781-7699	maxrav6@charter.net	PO Box 1342, Minden, NV 89423-1392	NV Veteran's Hall Hero's, 2nd & Curry Sts., Carson City, NV	1830, 2nd Wed.	NV, MINDEN
178	Abel M Quinones	Michael N LeVine	(831) 375-4356	mlevine@redshift.com	679 Dennett St, Pacific Grove, CA 93950-3802	AmLeg Post 591, 1000 La Playa Ave., Seaside, CA	1900, 3rd Tues.	CA, MONTEREY
185	Robert A. Buck	James D. Towery	(801) 791-4783	jtowery551@msn.com	2653 N 950 E, North Ogden, UT 84414-2464	VFW Post 1481, 907 W. 12th St., Ogden, UT	1900, 3rd Wed.	UT, SALT LAKE CITY
192	Larry S Briggs, Jr.	Patrick Allen Erickson	(775) 423-2048	gm1ericksonret@yahoo.com	PO Box 689, Fallon, NV 89407-0689	AmLeg Post, 90 N. Ada Street, Fallon, NV	1900, 4th Thurs.	NV, FALLON
197	Ronald W Stansbury	Henry L Ficken	(209) 529-8192	hankficken@att.net	1608 Wolverine Way, Modesto, CA 95355-4308	AmLeg Post, 1001 S. Santa Cruz Avenue, Modesto, CA	1300, 2nd Sun.	CA, MODESTO
230	Robert L Lightfield	Robert G McColley	(916) 782-1193	jndmc1@surewest.net	1096 Sandringham Way, Roseville, CA 95661-5360	Veterans Memorial Hall, 110 Park Drive, Roseville, CA	1900, 1st Mon.	CA, ROSEVILLE
244	James H. Tarr	Charles M Watkins	(970) 434-0868	cwatkins@acsol.net	3010 Vin Rose Way, Grand Jct, CO 81504-5532	VFW Post 3981, 503½ Florence Road, Grand Junction, CO	1900, 2nd Wed.	CO, GRAND JUNCTION
249	Milton Gilbert	Richard L Morrison	(559) 276-3443	rlmdogman@yahoo.com	5433 W Robinson Ave, Fresno, CA 93722-7128	AmLeg Post 147, 508 4th Street, Clovis, CA	1830, 4th Thurs.	CA, FRESNO
261	Bob Craig	Arthur C Archer	559-904-0530	arthur.archer@sbcglobal.net	1195 Laurel Ct, Lemoore, CA 93245-3430	Branch Home, 788 East D Street, Lemoore, CA	1730, 2nd Fri.	CA, LEMOORE
274	Peter J. McNamara	Virgil P Courneya	(775) 882-9201	mgysgtvpc@att.net	PO Box 7313, Reno, NV 89510-7313	Gold Dust West, Carson City, NV	1130, Last Thurs.	NV, RENO
275	Charles T Sweet	Clara Dean Gemmet	(530) 644-1610	cgemmet@internet49.com	PO Box 1509, El Dorado, CA 95623-1509	Veterans Memorial Bldg, 130 Placerville Dr., Placerville, CA	1930, 4th Wed.	CA, PLACERVILLE
281	Lee M Hollowell, Jr.	Frank L. Russell	(530) 241-3538	bud95@sbcglobal.net	16177 Lower Springs Rd, Redding, CA 96001-9732	Veterans Memorial Bldg., 1605 Yuba Street, Redding, CA	1400, 4th Sun.	CA, REDDING
287	George C Mancuso	Roy D Warner	(925) 449-6048	rwarner323@yahoo.com	10620 Flynn Rd S, Livermore, CA 94550-	Veterans Memorial Bldg, 522 South L St., Livermore, CA	1830, 1st Fri.	CA, LIVERMORE
296	Rick C. Jones, Chief	William K. Burgess	(530) 885-9056	billron@wildblue.net	5135 Meadow View Ln, Aubum, CA 95602-9129	Veterans Memorial Bldg, 100 East Street, Auburn, CA	1300, 3rd Sun.	CA, AUBURN

Wondering when your next premium is due? Need to change contact information? Add a child or spouse to your coverage? Now you can easily take care of Manage YOUR Insurance Benefit Account ANYTIME with just a few clicks of the mouse. Not sure how much FRA-endorsed insurance coverage you have? common updates to your FRA-endorsed benefit account at: www.frainsure.com and clicking on MY ACCOUNT.



FRA Contact Information

Main Phone Number: 703-683-1400 or 1-800-FRA-1924

General FRA E-mail: news-fra@fra.org

Joseph L. Barnes	ned@fra.org	ext. 101
Finance Paul Rigby, Finance Officer Misrak A. Zeleke, Senior Accountant	finance@fra.org misrak@fra.org	ext. 102 ext. 114
Administration Alicia A. Landis, Director	adminfra@fra.org	ext. 103
Legislative Programs John Davis, Director	john@fra.org	ext 110
Marketing and Communications Eileen Murphy, Director Lauren L. Armstrong, Communications Manager	eileen@fra.org lauren@fra.org	ext. 127 ext. 126
Membership Penny Collins, Director of Membership Development Shirley Moore, Member Services Manager	penny@fra.org shirley@fra.org	ext. 123 ext. 120
Outreach Robert Washington, Sr., Manager	BobW@fra.org	ext. 113
Veterans' Services Chris Slawinski, NVSO	vafra@fra.org	ext. 115

NewsBytes (FRA's weekly legislative free e-mail update)

Subscribe by e-mailing your name and contact information to: newsbytes@fra.org Listen by phone by calling: ext. 112

Other Important Numbers

DFAS Retired Pay Customer Service (USN/USMC) 1-800-321-1080

DFAS (USN/USMC Active Duty/Reserves) 1-888-332-7411

Coast Guard (Customer Service) 1-866-772-8724

VA main number 1-800-827-1000

TRICARE for Life 1-866-773-0404

National Personnel Records Center in Missouri

For requests for D-214, lost military records, etc. (serves all branches of service) 1-314-801-0800

CONVENTION WORKSHOPS

NEW CONVENTION ATTENDEES

PRPSC Don Larson and Eileen Murphy, FRA's Director of Marketing and Communications, helped convention firsttimers understand some of the Association's convention procedures and traditions. They provided an overview of the voting process and delegate designations, a recap of the schedule for the upcoming week and some insights into the time-honored traditions that make national conventions so special for shipmates and Auxiliary members. First-time convention attendees were recognized during the joint opening ceremonies and encouraged to ask questions of those with more convention experience.

PROMOTING MEMBERSHIP

FRA staff members presented a workshop on strengthening FRA's membership base through internal and external channels. Penny Collins, FRA's Director of Membership Development, talked about the importance of retaining current FRA members through communications, recognition programs and mentoring efforts. FRA's Outreach Manager Bob Washington spoke about reaching new and prospective shipmates through volunteer efforts at community events, at area military bases and recruiting offices, and the various recruiting tools available through FRA Headquarters. Lauren Armstrong, Communications Manager, highlighted the effective use of FRA's website, weekly e-mail update NewsBytes, FRA Today magazine, and other communications vehicles as recruiting and retention tools.

MANAGING PERSONAL FINANCE

LtCol. Bob Wiedower, USMC (Ret.), a certified financial planner for USAA, presented a workshop on developing and assessing individual fiscal fitness plans. He outlined the four steps to financial fitness:

- Plan: Develop a roadmap to your financial goals
- Protect: With insurance and estate planning tools
- Invest: Understand your cash-flow and prepare for retirement
- Manage: With periodic reviews of your financial goals and progress.

He also discussed the importance of identifying "needs" and "wants," developing a saving and spending plan (budget), and the need for emergency savings that will cover three to six months of expenses. Wiedower also talked about credit scores and the need to individualize your retirement plan while also considering tax implications. He also invited shipmates to visit www.usaa.com to use their online calculator to assess their retirement plans.

VA PROGRAMS

Veterans' Administration (VA) Special Liaison Kevin Secor, members from the Veterans' Health Administration (VHA) Chief Business Office and FRA National Veterans Service Officer (NVSO) Chris Slawinski provided an overview of VA programs and policies. VA leaders spoke about the transformation efforts being undertaken throughout the Department, particularly the emphasis on ending veteran homelessness by 2015. Discussion included improvements to services provided at VA Medical Centers, new processes for claims processing and ways to assist veterans with their experience at VA facilities. Shipmates in attendance were afforded the opportunity to ask questions of the experts and provide feedback on their experiences with the VA. NVSO invited shipmates to get involved with their local VA facilities through the VA Voluntary Service (VAVS) program.

NVSO PROGRAM/CLAIMS PROCESSING

NVSO Slawinski and Assistant Director of Legislative Programs (ADLP) Ed Dockery, who is also a veterans' service officer (VSO), presented a workshop on FRA's VSO program and the VA claims process. Since FRA's establishment in 1924, shipmates have been aiding veterans with their claims for benefits. Although FRA didn't become a congressionally chartered Veteran Service Organization until 1996, the Association has been representing veterans at the VA since 1927 and is actively engaged in its advocacy for those who serve or have served. Annually, FRA presents testimony to the House and Senate Veterans Affairs and other key congressional committees. Slawinski discussed how to apply for the FRA VSO Program, which includes submitting an FRA application, successful completion of a VA-approved course and submitting a completed VA Form 21 (Application for Accreditation as Service Organization Representative). ADLP Dockery presented a comprehensive overview on the VA claims process, how to file a claim, the required evidence for a successful claim, the time-line for claim consideration, what VA decisions mean, and what to do if you are not satisfied with the decision, which includes understanding the appeal process, requesting an increase and special considerations for service-connected exposures to Agent Orange or radiation.

For more information on VA programs, please contact NVSO Chris Slawinski at 1-800-FRA-1924 (ext. 115) or by e-mail at vafra@fra.org.

In addition to the workshops, educational training sessions were included as part of convention business sessions. NED Joe Barnes, Assistant Director of Legislative Programs Ed Dockery and NVSO Chris Slawinski provided an update on the legislative work of the Association. Eileen Murphy, Director of Marketing and Communications, provided an educational session on FRA's membership database and showed delegates a variety of online tools that can help them recruit and retain members.



Experts Predict Silver to Skyrocket to \$200/oz! Buy Today While Only \$3400/oz.

As silver continues its bull run, rising in price as much as 317% since 2007, U.S. Money Reserve also continues to release American Eagle Silver Dollars with no dealer markup. For a limited time, U.S. citizens will have the opportunity to purchase these Gov't-Issued Silver Dollars for the incredible at-cost price of only \$34.00 each. Backed by the U.S. Government for silver content, weight and purity, American Eagle Silver Dollars contain a full troy ounce of 99.9% silver. A complete vault sell-out is expected. Don't delay!

Economic turmoil makes many financial institutions an uncertainty these days. The U.S. dollar, the stock market and savings accounts in banks are all dicey prospects. Owning silver offers an excellent hedge against these domestic issues and any geopolitical concerns, which affect the global economy. Moving a portion of one's portfolio into silver is moving into position for wealth growth potential and protecting against inflation, devaluation of the dollar and market manipulations. Experts predict silver will leave behind its current price of around \$34/oz., shatter its price record and eventually hit \$200/oz. Now is the time to move your money into American Eagle Silver Dollars.

TOLL-FREE, 24 HOURS A DAY: 1-855-837-5868

PLEASE NOTE: Our American Eagle Silver Dollars will only be priced at \$34.00 each while supplies last or for up to 30 days. Call today!

SPECIAL ARRANGEMENTS CAN BE MADE FOR PURCHASES OVER \$50,000

5 - 2012 Gov't-Issued Silver Dollars.....\$170.00

10 - 2012 Gov't-Issued Silver Dollars.....\$340.00

20 - 2012 Gov't-Issued Silver Dollars.....\$680.00

Prices may be more or less based on current market conditions.

THE OPENING NOT SEPLIATED WITH THE LIS GOVERNMENT AND THE LIS MINISTRAST PERFORMANCE OF THE CORN OF THE MARKET CANNOT RESET CANNOT REST. OF THE CORN OF THE MARKET CANNOT RESET CANNOT RESET OF THE LIST OF THE MARKET CANNOT RESET OF THE STRICTLY LIMITED TO ONLY ONE LIFETIME PURCHASE OF 20 AT-COST COINS (REGARDLESS OF FRICE PAID) PER POLUSEHOLD, PLUS SHIPPING AND INSURANCE (SIS) MINIMUM ORDER S SILVER COINS.

FULL REFUND IF NOT 100% SATISFIED











Vault Code: FRA7-34







Convention Photos



































National Officers



National President Mark A. Kilgore Pensacola Branch 22



National Vice President Virgil P. Courneya High Sierra Branch 274



National Executive Director Joseph L. Barnes Navy Department Branch 181



Jr. Past National PresidentJeffrey A. Gilmartin
Potomac Branch 207



New EnglandPaul F. Loveless Jr.
Pinetree Branch 156



Northeast David Munday III Lakehurst Branch 124



East Coast Donald A. Hoover Annapolis Branch 24



SoutheastJames E. Robbins Jr.
First Coast Branch 91



North Central John W. Partin II Greater St. Louis Branch 267



South Central Robert A. Holcomb Capital Area Branch 201



Southwest Charles Baker Fabulous Vegas Branch 90



West Coast Shane S. Dunstan Salt Lake City Branch 185



Northwest Margret A. Burke Inland Empire Branch 38



Finance Officer
Paul Rigby
Honorary Member



National Parliamentarian PNP Bob Beese Volusia County Branch 335



National Chaplain Earnest Reed Tallahassee Branch 34

Finally, a cell phone that's... a phone.

Basic 19

\$19.99

24/7

FREE

No add'l charge

FREE

YES

30 days

DoubleTime 200

Basic 14

\$14.99

24/7

FREE

FREE

YES

30 days

Monthly Minutes

Operator Assistance

Monthly Rate

Introducing the all-new Jitterbug® Plus.

We've made it even better... without making it harder to use.

All my friends have new cell phones. They carry them around with them all day, like mini computers, with little tiny keyboards and hundreds of programs which are supposed to make their life easier. Trouble is... my friends can't use them. The keypads are too small, the displays are hard to see and the phones are so complicated that my friends end up borrowing my Jitterbug when they need to make a call. I don't mind... I just got a new phone too... the new Jitterbug Plus. Now I have all the things I loved about my Jitterbug phone along with some great new features that make it even better!

GreatCall® created the Jitterbug with one thing in mindto offer people a cell phone that's easy to see and hear, and is simple to use and affordable. Now, they've made the cell phone experience even better with the Jitterbug Plus. It features a lightweight, comfortable design with a backlit keypad and big, legible numbers. There is even a dial tone so you know the phone is ready to use. You can also increase the volume with one touch and the speaker's been improved so you get great audio quality and can hear every word. The battery has been improved too- it's one of the longest lasting

Introducing DoubleTime!

Double your monthly minutes for life with activation by 01/01/13

on the market- so you won't have to charge it as often. The phone comes to you with your account already set up and is easy to activate.

The rate plans are simple too. Why pay for minutes you'll never use? There are a variety of affordable plans. Plus, you don't have to worry about finding yourself stuck with no minutes-that's

Call now and receive a **FREE** gift just for ordering. Hurry...this is a limited time offer. Call now!







Available in Silver and Red.

you! They are always there to help you when you need them. Call now and receive a FREE gift

when you order. Try the Jitterbug Plus for yourself for 30 days and if you don't love it, just return it for a refund¹ of the product purchase price. Call now helpful Jitterbug experts are ready to answer your questions.

litterbug Cell Phone

Ask how you can get DoubleTime for Life!

Please mention promotional code 46 | 62.

I-888-80I-I*4*09

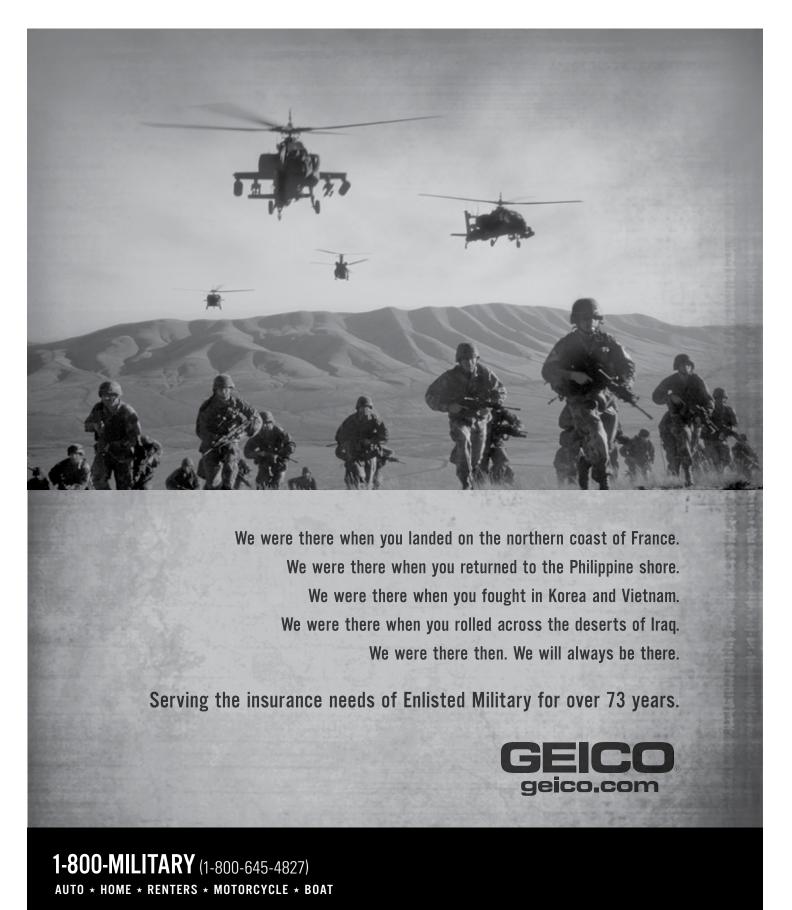
www.jitterbugdirect.com

We proudly accept the following credit cards.





IMPORTANT CONSUMER INFORMATION: DoubleTime offer valid on Basic 19 Plan and applies to new GreatCall customers only. Offer ends 1/1/13. Offer valid until plan is changed or cancelled. All GreatCall phones require a one-time set up fee of \$35. Coverage and service are not available everywhere. You will not be able to make 9-1-1 calls when cellular service is not available. Rate plans do not include government taxes or assessment surcharges and are subject to change. No roaming or long distance charges for domestic calls within the U.S. There are no additional fees to call GreatCall's 24-hour U.S. Based Customer Service. However, for calls to an Operator in which a service is completed, minutes will be deducted from your monthly balance equal to the length of the call and any call connected by the Operator, plus an additional 5 minutes. I'Ve will refund the full price of the GreatCall phone if it is returned within 30 days of purchase in like-new condition. We will also refund your first monthly service charge if you have less than 30 minutes of usage. If you have more than 30 minutes of usage, a per minute charge of 35 cents will apply for each minute over 30 minutes. The activation fee and shipping charges are not refundable. Jitterbug and GreatCall are registered trademarks of GreatCall, Inc. Samsung is a registered trademark of Samsung Electronics Co., Ltd. Copyright ©2012 Samsung Telecommunications America, LLC. Copyright ©2012 GreatCall, Inc. Copyright ©2012 by firstSTREET for Boomers and Beyond, Inc. All rights reserved.



Homeowners, renters, and boat coverages are written through non-affiliated insurance companies and are secured through the GEICO Insurance Agency Inc. Motorcycle coverage is underwritten by GEICO Indemnity Company. Some discounts, coverages, payment plans, and features are not available in all states or in all GEICO companies. Government Employees Insurance Co. • GEICO General Insurance Co. • GEICO Indemnity Co. • GEICO Casualty Co. These companies are subsidiaries of Berkshire Hathaway Inc.GEICO, Washington, DC 20076. © 2010 GEICO

Convention Awards

FRA National Committees announced the following awards during the Association's 85th National Convention:

Americanism-Patriotism Committee

The Committee on Americanism-Patriotism announced the following awardees:

First Place

Group I - Branch 46 (Honolulu, Hawaii) Group II - Branch 11 (Fort Worth, Texas) Group III - Branch 162 (New Orleans, La.) Group IV - Branch 316 (Springfield, Mo.) Group V - Branch 15 (Walhalla, S.C.)

Second Place

Group I - Branch 91 (Jacksonville, Fla.) Group II - Branch 126 (Jacksonville, Fla.) Group III - Branch 170 (Everett, Wash.) Group IV - Branch 201 (Austin, Texas) Group V - Branch 223 (Benton, Ky.)

Third Place

Group I - Branch 99 (Virginia Beach, Va.) Group II - Branch 136 (Minneapolis, Minn.)

Group III - Branch 182 (Bethesda, Md.) Group IV - Branch 186 (Hernando, Fla.) Group V - Branch 132 (Pawtucket, R.I.)

The Walter "Step" Rowell Award for the 1st place overall report goes to Branch 46 (Honolulu, Hawaii).

The Leonard "Swede" Nelson Award for Shipmate of the Year goes to Paul Gunther, Branch 182 (Bethesda, Md.).

The Robert Doherty Award for Shipmate for special recognition goes to Shipmate Terrence M. Louis, Branch 251 (Mt. Home, Ark.).

Hospitality, Welfare and Recreation Committee

The Committee on Hospitality, Welfare and Recreation selected the following winners in Groups I through V:

First Place

Group I - Branch 269 (Goose Creek, S.C.) Group II - Branch 126 (Jacksonville, Fla.) Group III - Branch 5 (Norfolk, Va.) Group IV - Branch 299 (Wilmington, N.C.) Group V - Branch 217 (Winston-Salem, N.C.)

Second Place

Group I - Branch 46 (Honolulu, Hawaii) Group II - Branch 40 (Chesapeake, Va.) Group III - Branch 161 (Kansas City, Kans.) Group IV - Branch 298 (Grand Rapids, Mich.)

Group V - Branch 145 (Lincoln, Neb.)

Third Place

Group I - Branch 24 (Annapolis, Md.) Group II - Branch 11 (Fort Worth, Texas) Group III - Branch 162 (New Orleans, La.) Group IV - Branch 186 (Hernando, Fla.) Group V - Branch 112 (Birmingham, Ala.)

The committee has selected the following shipmate to be the National Shipmate of the Year: Howard Dellert, Branch 5 (Norfolk, Va.).

Public Relations Committee

The Committee on Public Relations evaluated the branch committee reports and selected the following awardees:

First Place

Group I - Branch 269 (Goose Creek, S.C.) Group II - Branch 175 (Orange County, Calif.)

Group III - Branch 5 (Norfolk, Va.) Group IV - Branch 186 (Hernando, Fla.) Group V - Branch 15 (Walhalla, S.C.)

Second Place

Group I - Branch 46 (Honolulu, Hawaii) Group II - Branch 20 (Groton, Conn.) Group III - Branch 170 (Everett, Wash.) Group IV - Branch 77 (Green Valley, Ariz.) Group V - Branch 258 (Erie, Pa.)

Third Place

Group I - Branch 61 (Chula Vista, Calif.) Group II - Branch 136 (Minneapolis, Minn.)

Group III - Branch 162 (New Orleans, La.) Group IV - Branch 316 (Springfield, Mo.) Group V - Branch 98 (Shreveport, La.)

Shipmate of the Year — Shipmate Charles F. Fry, Branch 115 (Allentown, Pa.).

Youth Activities

The committee reviewed the reports submitted from each region of each Group to receive national recognition and have recommended the following:

First Place

Group I - Branch 289 (Imperial Beach, Calif.)

Group II - Branch 126 (Jacksonville, Fla.) Group III - Branch 163 (Phoenix, Ariz.) Group IV - Branch 316 (Springfield, Mo.) Group V - Branch 37 (Portsmouth, Va.)

Second Place

Group I - Branch 24 (Annapolis, Md.) Group II - Branch 175 (Orange County, Calif.)

Group III - Branch 42 (Quonset Point, R.I.) Group IV - Branch 201 (Austin, Texas) Group V - Branch 34 (Tallahassee, Fla.)

Third Place

Group I - Branch 46 (Honolulu, Hawaii) Group II - Branch 20 (Groton, Conn.) Group III - Branch 162 (New Orleans, La.) Group IV - Branch 110 (Nashville, Tenn.) Group V - Branch 72 (Fall River, Mass.)

Shipmate of the Year: Robert Kerwood, Branch 42 (Quonset Point, R.I.).

Penny Collins

Membership and Retention Awards

THE NATIONAL COMMITTEE ON Membership and Retention met during FRA's 85th National Convention and discussed a variety of issues related to increasing the Association's membership. As noted on page 14, convention delegates considered and voted on several resolutions related to FRA membership, including reducing the number of members required to establish a new branch from 25 to 20. This will hopefully make it even easier to start a new branch in your area. Additionally, a resolution to create an Associate membership category was defeated, and the Director of Membership Development will continue to serve as chairman of the Membership and Retention Committee. The consolidation of the New England and Northeast Regions at the end of next year's convention in Chattanooga will also impact how membership statistics are tracked at National Headquarters.

Overall, 3,460 new and/or reinstated members joined the FRA during the 2011-12 recruiting period. Shipmates are encouraged to continue their recruiting and retention efforts to stabilize our membership base and grow the Association.

FRA 100% AWARD

Of the Association's 246 branches, 31 branches (12.6%) had qualifying recruiting gains or no losses and are listed below:

GROUP I

(1 of 9 Branches – 11.1%)

Mayport Branch 290 - 1.43% Southeast Region

GROUP II

(2 of 22 Branches – 9.0%)

Groton Branch 020 - 11.85% New England Region Yokosuka Branch 103 - 11.82% Northwest Region

GROUP III

(2 of 30 Branches – 6.66%)

Elizabeth City Branch 293 – 85.59% East Coast Region The Delbert D. Black Branch 117 -5.04% Southeast Region

GROUP IV

(9 of 70 Branches - 12.85%)

Dungeness Branch 174 - 15.00% Northwest Region Del Herrmann Branch 299 - 6.11% East Coast Region Carson Branch 302 - 6.06% Southwest Region Cheyenne Branch 059 - 2.40%

Northwest Region Bicol Region Branch 127 – 2.27% Northwest Region Baton Rouge Branch 371 – 2.11% South Central Region Washington, DC Branch 004 - 1.89% East Coast Region Mt. Rainer Branch 104 – 1.34% Northwest Region San Miguel Branch 367 – 0.61% Northwest Region

GROUP V

(17 of 119 Branches 14.28%)

Old Navy Home Branch 307 - 70.21% South Central Region Cape Fear Region Branch 259 -62.75% East Coast Region The Leland Alexander Memorial Golden Corner Branch 015 -28.30% Southeast Region Southern Luzon Branch 171 - 11.11% Northwest Region

Chattanooga Choo Choo Branch 187 - 8.11%

Southeast Region

Crossville Tennessee Branch 294 -8.00% Southeast Region Tennessee Valley Branch 044 – 6.25% Southeast Region Latte Stone Branch 073 - 4.35% Northwest Region Miagao Branch 064 - 3.03% Northwest Region Commodore Perry Branch 258 -2.86% Northeast Region Sierra Tahoe Branch 137 - 2.56% West Coast Region

Asheville Branch 361 - 2.50% East Coast Region Volusia County Branch 335 - 2.17% Southeast Region

Stockton California Branch 113 -0.00%

West Coast Region

Tallahassee Branch 034 – 0.00% Southeast Region

Bluegrass Branch 284 – 0.00% North Central Region

Shreveport Bossier Branch 098 – South Central Region



PRPNW John Ippert of Branch 46 (Honolulu, Hawaii) was the recipient of the Frank J. McPherson Award.

THE CHARLES E. LOFGREN AWARD FOR BRANCHES

The Charles E. Lofgren Award for branches is awarded in recognition of excellence in membership promotion in competition with the branches within the same group. Each winning branch received a captain's desk bell.

GROUP I

Mayport Branch 290, Mayport, Fla. (1.43% recruiting gain)

GROUP II

Groton Branch 20, Groton, Conn. (11.85% recruiting gain)

GROUP III

Elizabeth City Branch 293, Elizabeth City, N.C. (85.59% recruiting gain)

GROUP IV

Sequim Branch 174, Sequim, Wash. (15.00% recruiting gain)

GROUP V

Gulfport Branch 307, Gulfport, Miss. (70.21% recruiting gain)

THE CHARLES E. LOFGREN AWARD FOR INDIVIDUALS

The Charles E. Lofgren Award for Individuals is awarded to the FRA member in each group who has recruited the greatest number during the preceding April 1 – March 31 period. Each awardee received an engraved desk clock.

GROUP I

Don Hoover, Annapolis (Md.) Branch 24 (34 Members)

GROUP II

Michael T. Mayo, Yokosuka (Japan) Branch 103 (39 Members)

GROUP III

Franklin Gates, Elizabeth City (N.C.) Branch 293 (80 Members)

GROUP IV

James J. Johnson, Baton Rouge (La.) Branch 371 (26 Members)

GROUP V

Robert Rutherford, Gulfport (Miss.) Branch 307 (13 Members)

THE ABRAHAM M. ROSENBERG MEMBERSHIP AWARD

The Abraham M. Rosenberg Membership Award winner is selected from one of the branches awarded the The Charles E. Lofgren Award for branches in recognition of outstanding membership promotion. This year the Rosenberg Award is presented to Elizabeth City Branch 293, Elizabeth City, N.C., with a recruiting gain of 85.59%.

FRANK J. MCPHERSON MEMORIAL AWARD

Four nominations were received for the Frank J. McPherson Memorial Award, which is presented to one shipmate who exemplifies FRA's three cardinal principles of Loyalty, Protection and Service, particularly in membership endeavors.

Nominations for this award were submitted by regions on behalf of the following shipmates:

Franklin Gates, Elizabeth City Branch 293, East Coast Region David A. Field, NOLA Branch 162, South Central Region Stephen J. Miglionico, Delbert. D. Black Branch 117, Southeast Region John D. Ippert, Pearl Harbor-

Honolulu Branch 46, Northwest

Region

The award recipient of the Frank J. McPherson Memorial Award is Shipmate PRPNW John D. Ippert, Branch 46.

Penny Collins is FRA's Director of Membership Development and a member of FRA Branch 24 in Annapolis, Md. She can be reached at penny@fra.org.



FRA THANKS OUR CONVENTION SPONSORS

PLATINUM LEVEL



Affinity Group Services a service of Seabury & Smith





GOLD LEVEL











- Purchase APR as low as 10.9%
- 0% introductory APR for 12 months on balance transfers and convenience checks made in the first three months (10.9% to 25.9% variable APR after that)
- USAA Rewards points that you can redeem for your choice of cash, merchandise or other exciting rewards²

In addition, USAA Bank will make a contribution to FRA when you open the account and each time you make an eligible purchase with the card. No other card works harder for FRA.

Apply today.

usaa.com/fracc | 877-372-8722



We know what it means to serve.

USAA means United Services Automobile Association and its insurance, banking, investment and other companies.

'Offers subject to approval. As of 11/1/2012, regular APRs on purchases, cash advances and balance transfers are 10.9% to 25.9%, depending on your credit history and other factors. APRs will vary with the market based on the Prime Rate. There is a transaction fee of 3% on cash advances (\$200 maximum on balance transfers and convenience checks) and 1% on foreign transactions. Rates and fees subject to change. Please contact us for the most current information. If your credit history and other factors qualify you for a credit limit under \$5,000, you will receive a USAA Platinum MasterCard with the same rates and fees "Rewards points terminate if account is closed, delinquent or program ends. Earn 1 point for every \$1 in credit card purchases. Other restrictions apply. USAA Rewards Program terms and conditions will be provided with your card. Use of the term "member" or "membership" does not convey any legal, eligibility or ownership rights. Availability restrictions apply. Purchase of a bank product does not establish eligibility for, or membership in, USAA property and casualty insurance companies. USAA Savings Bank, Member FDIC. FRA receives financial support from USAA for this sponsorship. © 2012 USAA. 136207-0512

NAME BRANCH NAME BRANCH Anderson, Donald S, ADJ1, USN 179 Goedel, Herbert C, HTC, USN MAL Astleford, Nathan L, CDR, USN 047 Gomez, Benjamin, GYSGT, USMC 091 Atkins, Robert F, SKCM, USN MAL Goosens, Peter T, QMCS, USN 014 Gray, Dennis L, GMT1, USN MAL MAL Bach, Leland W, YNC, USN Guthrie, Henry, BMC, USN 060 046 Badeaux, Henry, ETCS, USN Baker, William F, LCDR, USN 182 Haddick, Charles E, MMC, USN 163 Barber, Clyde, CPO, USN 091 Hardenbergh, Thomas E, AFCM, Batts, James A, BMC, USN MAL USN MAL Bennett, Otto R, GYSGT, USMC 047 Harmon, Wallace J, ATC, USN 091 Blomdal, Alfred, YNC, USN MAL Hart, Bernard M, ETCS, USN MAL Bolding, Robert B, ADRC, USN 289 Helvie, Howard E, MM1, USN 348 264 Borden, Curtis R, BMCS, USN 210 Hickman, Johnnie E, AECS, USN Boyd, James R, HM1, USN 017 Himebaugh, Walter M, MSGT, USMC 066 099 Hixson, Jerry C, CSC, USN Bramley, Wayne M, PO1, USN 160 MAL Howard, Edward E., BM1, 210 Briggs, Larry E, ETCM(SS), USN Brown, George J, SHCS, USN 242 Howard, Lawrence A, HM2, USN 371 Hurt, Alfred, CAPT, USN MAL Brundell, Dennis L, POC, USN MAL Burdick, Harvey, YN1, USN MAL Hutchinson, Jack B, HMCM, USN MAL Burns, Freddy C, CTAC, USN 126 Jenkins, Keith C., SGT, USMC 060 251 Byrd, Robert S, CPO, USN 053 Johnson, James W, BTCM, USN 251 Byrne, William J., MEG2, USN Jones, Marshall C, AFCM, USN 025 Caparas, Solomon V, EM1, USN 084 Jones, Billy F, HMCM, USN MAL Castro, Albert A, AOC, USN 093 037 Kennedy, Lester, CPO, USN MAL Claywood, Ernest J, CPO, USN Kerrigan, Vincent J., AQCS, USN MAL Clewes, Owen P, ICC (SS), USN 181 Keys, Talbert, CTAC, USN MAL Collins, Robert L. POCS, USN 120 Knight, Alfred, TMCM, USN MAL Conoley, Ralph M, FTCS, USN MAL Kubisiak, Eugene F, AOC, USN 091 Costen, Robert, CPL, USMC 178 Levy, William F, GMCS, USN 201 Covey, Charles D, DKC, USN 179 Craw, Fredrick R, EM1, USN 001 Leyden, John J, LCDR, USN 057 Lyttle, Dennis G, CTMC, USN MAL 005 Davis, Robert H, ETCM(SS), USN Maddron, Ernest, MSGT, USMC MAL Delap, Harold L, CS1, USN 136 001 Mahaley, Francis S, AOC, USN 091 Delk, James F, CPO, USN Marshall, Edward C. CWO, USN 800 136 Disch, Joseph J, EN1, USN Mc Canna, James R, GMM1, USN 072 060 Dixson, Robert, RM1, USN McCarthy, John J, LCDR, USN MAL Dodson, William E, ICC, USN 130 Drozd, Michael, DC1, USN 071 McCullough, Larry R, AFCM, USN 086 McElroy, James M, ADJC, USN 034 291 Ernst, Emil, BMC, USN 005 McGrath, John L, AE1, USN 338 Fairbanks, Owen A, BMCM, USN 282 McKinnon, Winfred R, AFCM, USN Fenno, Charles J, CTRC, USN 269 246 McMahon, Edward G. MAC, USN Melahn, John C., AMHC, USN Fernandez, Louis J, ADRC, USN 118 MAL Fischer, Henry A, LT, USN 057 Miller, Donald B, PO1, USN MAL Forbes, James C, QMC, USN 141 Miller, Ralph L, MRCS, USN 106 Forcier, Laurent J, PO1, USN 022 Millikin, John, ETC, USN MAL Foss, Harold R, DCCS, USN 047 Mix, Arthur R, CTC, USN 027 093 Fox, James H, CWO3, USN 124 Moran, Florant O, CM1, USN 123 Franklin, Curtis L, GYSGT, USMC Needham, Herbert C, CS1, USN 050 Freach, Stephen G, RMC(SS), USN 241 Neilson, Robert J, BTC, USN MAL Fulton, Raymond, LCDR, USN 024 040 Nix, Harold D, 03, USN Galvin, Richard J. ADRC, USN 001 Nobles, Joseph R, MMCS, USN MAL Gandy, J L, YN1, USN 201 Oshell, Elwood K, SKC, USN 292 099 Gembitsky, Jake, POCS, USN 186 Patawaran, Conrado, SD2, USN 046 George, Charles R, YNC, USN Gibson, Robert W. EN2(SS), USN MAL Pearce, William R, PO1, USN 011 Petros, Jesus S, POC, USN 070 Gilbert, Gary L, MT1(SS), USN MAL Phillips, George R, MMCM, USN 219 Gimble, Julius J, SKC, USN 216



NAME **BRANCH**

Ramsey, Quillie A, CWO3, USN Ricks, Calvin, SDC, USN Riddell, Frank A, AOC, USN Ritchey, Norman A, ADJC, USN Robbins, Ross, HT1, USNR Rossow, Harold, GMGC, USN Santiago, Cecilio P, MSCS, USN Seymour, Thomas J, CTMC, USN Shoemaker, Stuart L, RMC, USN Smith, Larry L, AFCM, USN Sorrell, Donald M, AC1, USN Stence, Robert E, CPO, USN Stites, Robert C, AEC, USN Stout, John E, ATCS, USN Thall, Donald J, FTC(SS), USN Thoma, Edward S, ADJC, USN Tomsey, Joseph F, HMC, USN	MAL 1 <mark>01</mark> 269 136
Seymour, Thomas J, CTMC, USN Shoemaker, Stuart L, RMC, USN Smith, Larry L, AFCM, USN Sorrell, Donald M, AC1, USN Stence, Robert E, CPO, USN Stites, Robert C, AEC, USN Stout, John E, ATCS, USN Stover, Jack D, SH1, USN Thall, Donald J, FTC(SS), USN Thoma, Edward S, ADJC, USN Tomsey, Joseph F, HMC, USN	074 091 062 101 091 334 MAL
Thoma, Edward S, ADJC, USN Tomsey, Joseph F, HMC, USN M	101 269 101 MAL 091 MAL 091 060 MAL
Tuomala, John C, HMCM, USN 27	057 047 MAL 099 274 034
Wade, Francis J., SN, USN Ward, Wayne E, MMC, USN Warren, James D, TMC, USN Wassberg, Frederick H, GMGC, USN Watters, Thomas J, 1STSGT, USMC Welker, Alfred, ADI Wendt, Harold J, MUC, USN West, Marvin L, MS1, USN Westlake, John R, BMC, USN White, Charles, EQCM, USN Williams, Henry B, HMC, USN Williams, Harold L, BM1, USN	249 229 MAL 222 247 MAL 24 MAL 182 MAL 291

Technology Simplified - New and Improved

WOW... A Computer Designed For YOU, Not Your Grandchildren!

FREE
Automatic
Software
Updates

...It's easy to read. It's easy to see. It's even easier to understand and use! Just plug it in!!!

Have you ever said to vourself "I'd love to get a computer, if only I could figure out how to use it." Well, you're not alone. Computers were supposed to make our lives simpler, but they've gotten so complicated that they are not worth the trouble. With all of the "pointing clicking" "dragging and dropping" you're lucky if you can figure out where you are. Plus, you are constantly worrying about viruses, spam and freeze-ups. If this sounds familiar, we have great news for you. There is finally a computer that's designed for simplicity and ease of use. It's the WOW Computer, and it was designed with you in mind.

This computer is easy-to-use, worry-free and literally puts the world at your fingertips. From the moment you open the box, you'll

I just wanted to tell firstSTREET that I am having a great time on my WOW Computer. I am learning something new everyday. I am 79 years old and cannot believe that I am typing and sending e-mails to all my friends now. My daughter and granddaughter are so excited now that I have a computer. They use computers on their jobs everyday, but they cannot believe what you can do on this computer. It is wonderful... Thanks.

- Johnnie E., Ellijay, Ga



how realize different the WOW Computer is. The components are all connected; all you do is plug it into an outlet and your high-speed Internet connection. Then vou'll see the screen. This is a completely new touch screen system, without the cluttered look of the normal computer screen. The "buttons" on the screen are easy to see and easy to understand. All you do is touch one of them, from the Web, Email. Calendar Games- you name it... and a new screen opens up. It's so easy to use you

won't have to ask your children or grandchildren for help.

Until now the very people who could benefit most from E-mail, and the Internet are the ones that have had the hardest time accessing it. Now, thanks to the WOW Computer, countless older Americans discovering are the wonderful world of the Internet every day. Isn't it time you took part? Call now, and a patient, knowledgeable product expert will tell you how vou can try it in vour home for 30 days. If you are not totally satisfied, simply return it within 30 gdays for a refund of the product purchase price.



Call now for our special promotional price!

Please mention promotional code 46163.

1-877-630-4772



80372 Copyright © 20



Washington crossing the Delaware. Eisenhower launching D-Day. Kennedy rescuing the crew of PT 109. These men made history.

This set made history

To celebrate the bicentennial of America, the U.S. Mint struck this special three-piece proof set honoring these three American presidents—and our 200th birthday. To capture the bicentennial spirit, the coins in the set are dual–dated 1776–1976.

This set was so popular over 4 million were sold.

Unlike the regular circulating coins of the day, these coins are struck in 40% precious silver.

It's the first commemorative U.S. Mint Proof Set *ever*. It's also the first proof set to feature all dual-dated coins. And finally, it's the first U.S. Proof Set to include a Silver Dollar.

Americans love proof coins from the U.S. Mint. Each coin is struck twice from specially prepared dies and has deeply-mirrored surfaces and superb frosty images.

And you know you've got a *real* piece of American history when you hold this set—the red white and blue holder is spectacular!

Now for the steal part...

This first-ever Bicentennial Silver Proof Set sold out at the mint three decades ago. When you consider how much prices have risen since then, you might expect to pay \$100 or more to buy this set today.

But for this special offer, we are releasing our entire stock of Bicentennial Silver Proof Sets for only \$49 each. Or better yet, buy five and pay only \$39 each!

Order now risk free

We expect our small quantity of Bicentennial Silver Proof Sets to disappear quickly at this special price. We urge you to call now to get yours. You must be satisfied with your set or return it within 30 days of receipt for a prompt refund (less s&h).

Buy more and SAVE

1776-1976 Bicentennial Silver Proof Set \$49 + s/h

5 for only \$39 each + s/h **SAVE \$50**

Toll-Free 24 hours a day

1-800-558-6468 Offer Code BPF248-05

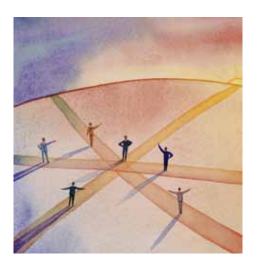
Please mention this code when you call.



14101 Southcross Drive W. Dept. BPF248-05 Burnsville, Minnesota 55337 WWW.GovMint.com



Prices and availability subject to change without notice. Past performance is not a predictor of future performance. NOTE: GowMint.com® is a private distributor of worldwide government coin and currency issues and privately issued licensed collectibles and is not affiliated with the United States government. Facts and figures deemed accurate as of July 2012. ©2012 GowMint.com.



NNPU/PM-3A (Antarctica)

May 6–May 11, 2013, Port Hueneme, CA. Contact Charlie Del Hierro, 805-483-4060, cbsrchief@verizon.net.

NRRA Naval Reserve Recruiter Association

April 18–21, 2013, Valley Forge, PA. Contact John Sperling, 215-368-7135, john_sperling@comcast.net.

PBR Forces Veterans Association, Inc.

September 12–15, 2013, New Orleans, LA. Contact Rich Fichtelman, 1766 Kirkwood Dr. Corono, CA 92882-3754, 951-734-5871,

RFichtelman@sbcglobal.net.

USS Cony (DD/DDE-508)

May 15–19, 2013, Mobile, AL. Contact Ken Cox, 863-307-3187, kcox@tampabay.rr.com.

USS Copeland (FFG-25)

September 12–15, 2013, San Diego, CA. Contact Jim Humphrey, 530 Wedgewood Circle Belford, NJ 07718, 732-769-2179, mollieone2000@gmail.com.

USS Donner (LSD-20)

May 2–5, 2013, Providence, RI. Contact Dennis Heimbach, 610-775-7539, dheimb@1usa.com.

USS Lawrence Association (DDG-4 & DD-250)

June 19–23, 2013, San Diego, CA. Contact Craig Bernat, 135 Zurenda Lane, Mineral Point, PA 15942-4505, 814-322-4150, dguts@usslawrence.com.

USS Sam Rayburn (SSBN 635)

October 13–17, 2013, Nashville, TN. Contact Larry Oiler, 19 Regency Court Rochester, NH 03867, 207-651-5875, loiler@metrocast.net.

USS Ticonderoga Vets Association (CV/CVA-14/CG-47)

May 16–20, 2013, Colorado Sprgs, CO. Contact George Passantino, 720-929-1844, georgepsr@aol.com.

USS Waller (DD-466)

September 18–21, 2013, Lexington, KY. Contact Keith Lemons, 1100 N. OK-Schuler Rd., Waynesburg, KY 40489, 606-365-2902, hawkeyefarm1@ searnet.com.

USS Yellowstone (AD-27) Assoc. Reunion #11

June 2–5, 2013, Chattanooga, TN. Contact Paul W. Bowen, 9394 SW 101 Lane, Ocala, FL 34481, 352-208-5400, bowp@att.net.

Members can post reunions online at www.fra.org, submit to reunions@fra.org or mail to: FRA Reunions, 125 N. West St., Alexandria, VA 22314.



LOOKING FOR...

STC Jim Phillips

Served at NAVFAC Pacific Beach in 1969. Contact Neil R. G. Young at nrgyoung@comcast.net or at 410-321-6840.

Thomas Curry, stationed with NIS DaNang 1967

Tim Brady, stationed on PHIBRON 2 Staff.

Contact YNC Bob Martin (Ret.) at oldsalt5783@gmail.com.

Anyone stationed at NPF El Centro, Calif., 1962–1963

Looking for anyone stationed with me, working in A/C maintenance. I was an AMH3 and I'm looking for help proving a claim with the VA. Please contact Darwin Wogan at darshibe@earthlink. net or 360-840-9347 or 360-853-6425.

Anyone stationed in VAH-4, Det. Bravo on USS Ticonderoga, 1965-1966

I was an AMH3 in Line Division and am trying to prove "boots on the ground." Please contact Darwin Wogan at darshibe@earthlink.net or 360-840-9347 or 360-853-6425.

Freddie Waters

We served together aboard USS Tingey (DD-539) in 1962-1963, which was homeported in San Diego. He was a Torpedoman Third Class, originally from San Antonio, Texas. Please contact Bob Udd at 360-942-3370.

These notices are published on a space available basis. Notices must be submitted in writing.

E-mail fratoday@fra.org or mail your request to: FRA, Looking for..., 125 N. West St., Alexandria, VA, 22314.

2012–2013 National President's Project: "America's VetDogs"

AMERICA'S VETDOGS-THE VETERAN'S K-9 Corps began as a program of the Guide Dog Foundation for the Blind, Inc., to enhance and expand its outreach to disabled veterans. Created in 2003, the program became a separate 501(c) (3) not-for-profit in 2006. They are based in Smithtown, New York.

The VetDogs trains and provides guide dogs for the blind or visually impaired veterans and service dogs for veterans with disabilities other than blindness — at no cost to the veteran. From birth to training to placement and lifetime aftercare, the cost of training and placing one assistance dog is over \$50,000! By working with the military, the VA, and other partners, America's VetDogs increases the options and services for disabled veterans, ensuring that they get all the assistance they require to once again be self-reliant.

America's VetDogs acquires most of its dogs from its sister organization, the GuideDog Foundation for the Blind. It has, through a pilot shelter dog program, also obtained rescue dogs to train as service dogs.

More than 46,000 veterans from the wars in Iraq and Afghanistan have returned home with life-altering injuries such as amputated limbs, blindness, paralysis, serious burns, traumatic brain injuries, and severe emotional trauma. What does it mean to veterans to have a service dog? It means changing their lives. It helps them regain their independence and mobility and improves their quality of life. It provides their families with a peace of mind, and it allows the dog to do the job that it was trained for and bred for.

When wounded service members are recovering from their injuries, they are surrounded by the men and women who have shared their experiences in battle. But when they return home, they leave this support system behind; the transition back to civilian life presents new challenges. Not only does a VetDog provide assistance with daily activities, it serves as a bridge; people focus on the dog, not the veteran's disability. For some, the dog gives them the motivation to continue to conquer the additional demands they face in their daily lives.

I invite you to visit the VetDogs website (www.VetDogs.org) or their Facebook page to learn more about their programs. VetDogs has also placed dogs at Walter Reed National Military Medical Center in Bethesda, Md.; Eisenhower Medical Center at Fort Gordon, Ga.; and other VA medical centers. They work with physical and occupational therapists and mental health professionals.

It is with your support that America's VetDogs can offer disabled veterans "a new beginning." I reach out not only to the Branches and Units but also to each individual to support my National President's Project and make a donation. You can go to LAFRA. VetDogs.org and make a donation by credit card; text VETDOGS LAFRA to 20222 on your cell phone to make a \$10 donation (don't forget to confirm the donation); or write a check to the LAFRA and mail it to the National Financial Secretary.

My goal is to raise \$50,000 to provide an assistance dog for one disabled veteran. Please help me make this goal. It is a huge goal but our veterans deserve it; they have sacrificed so much for us.

I am blessed to be surrounded by so many wonderful people. I plan on calling on you throughout this year. Thank you all for your warm welcome, support and positive spirit as we navigate this period in our declining membership. I continue to be humbled by your dedication, passion and drive. Through these uncertain times, I am fully confident that we have the capacity and resilience to survive and thrive. I look forward to working alongside of NP Mark Kilgore FRA and I know together we will work on our membership.



DIANE HOOVER
National President



Diane Hoover NP, S/M Judi Boyce Br. 182, Bernedette

ATTENTION: U.S. NAVY VETERANS

MESOTHELIOMA

COMPENSATION CLAIMS FILING DEADLINE

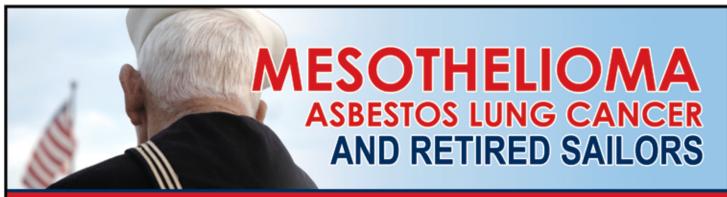
U.S. Navy veterans have been exposed to asbestos onboard ships and many have developed mesothelioma lung cancer as a result. Millions of dollars in compensation are available for those who have been diagnosed with mesothelioma lung cancer and their loved ones. Thousands of US Navy veterans have already received compensation. Strict time deadlines may bar late claims. If you or a loved one has been diagnosed with mesothelioma then you need to *call now* for a free consultation and *Claims Information & Evaluation Package*.

CALL NOW TOLL FREE! 1-888-310-2138

NAVY VETERANS MESOTHELIOMA CLAIMS HOTLINE

Sponsored by Quinn Law Firm. Nationwide representation of US NAVY Veterans and their families in mesothelioma claims. In home appointments are available nationwide by appointment only. Fees, costs, and expenses are charged only against any recovery that is made. No recovery – no fee. We do not sue the U.S. or Navy. Principal office Fort Worth, TX

MEMBER SERVICES 125 N. WEST STREET **ALEXANDRIA, VA 22314-2754**



Many sailors were exposed to asbestos onboard ships in the U.S. Navy. This asbestos exposure often causes lung cancer much later in life. Mesothelioma is a particular form of lung cancer that is only caused by exposure to asbestos.

FREE INITIAL LEGAL CONSULTATION

If you or a loved one has been diagnosed with MESOTHELIOMA OR ASBESTOS LUNG CANCER, please call us immediately to find out about the compensation you may be entitled to recover.

We provide retired sailors and their families with a free no obligation initial legal consultation with an experienced lawyer.

We represent clients from all 50 states.

NO RISK TO CLIENTS

Nationwide

Legal Help'

Our clients are never at risk of paying any fees, costs or expenses out of pocket. All legal fees, court costs and other expenses are paid by the client only out of any judgment or settlement in the case.

DON'T LOSE YOUR RIGHTS!

Your legal claims must be filed within the time period allowed by law or you and your family members will lose all of your rights to recover against the corporations that are responsible for your injuries. CALL NOW!

"These guys sure helped me out after I got diagnosed"

> LeRoy Riddell 1935 - 2008

U.S. Navy Retired Member VFW, DAV, American Legion and the Fleet Reserve

Former National President of the Retired Enlisted Association and client of The Johnson Law Firm.



THE JOHNSON LAW FIRM

CALL NOW! 1-888-MESO-HELP TOLL FREE



"Nationwide legal representation of mesothelioma and lung cancer victims"

In home and local appointments available nationwide by appointment only, Principal office Fort Worth, TX. * Past successes cannot be an assurance of future successes since each case is decided on its own merits

